



ESTD. 1948

## **COLLEGE ANNUAL ATHLETIC MEET 2024-25**

### ***A Report***



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# **VALLABH GOVT. COLLEGE MANDI (H.P.)**

## **College Annual Athletic Meet**

### **8th and 9th November 2024**

### **WELCOMES YOU**



**ORGANISED BY:**

**VALLABH GOVT. COLLEGE MANDI (H.P.)**

## COLLEGE ANNUAL ATHLETIC MEET 2024-25

### A REPORT

The annual athletic meet of Vallabh Government College Mandi was held on 8-9 November 2024 at Paddal Ground, Mandi. The event began on 8 November 2024 at 9:30 a.m. with the assembly of students of the college in the Paddal Ground. Registration for various events began at 9:30 am at the registration desk near the pavilion. The chief guest of the occasion, Hon'ble Vice Chancellor of Sardar Patel University, Prof. Lalit Kumar Awasthi, arrived at 11 a.m. He was accompanied by the Controller of Examination, Prof. Sunil Verma. They were greeted warmly by the Principal, staff, and all the students present in the ground.

The march-past ceremony marked the beginning of the athletic meet. The college students were divided into twenty-five contingent groups based on classes, clubs, and units. Each group was led by a flag bearer. Taran Preet Singh Gill, the college sports captain, led the march past, bearing the college flag. He was followed by the college units of NCC Army Boys Wing, Army Girls Wing, Air Force Wing, NSS, Rovers and Rangers, students of various classes, and the last group comprised of students from the Department of Physical Education. It was a beautiful synchronization of the steps. The ground wore a festive look with all the sports enthusiasts.



The chief guest was felicitated with a Himachali cap and a muffler by the Principal, Prof Sureena Sharma, as a token of our culture. The Principal also felicitated Prof. Sunil Verma. After that, Prof. Surina Sharma gave her welcome address, highlighting the value of sports in our lives. She also stressed the fact that sports teach ethics and values to the students, which are essential for fair play and sportsmanship. This was followed by the address of the chief guest. He also

reiterated the fact that sports teach us a lot in our lives, mainly to excel and cope with failures. He congratulated the Principal and the staff members for giving ample opportunities to the students in sports. He, thereafter, declared "the college Annual Athletics Meet 2024 open". For the flag hoisting ceremony, the chief guest and the other guests were led by the principal, the convener of the event, the organizing secretary, and the game presidents to the flag post. The chief guest hoisted the flag.

The Sacred Torch was carried into the ground by Ms Mansi Thakur and Mr Rohit, athletes from the Department of Physical Education. After the arrival of the sacred torch, the students were administered the Athletes' Oath by Captain Taran Preet Singh, in which they pledged to respect and abide by the rules of Athletics and the college. Dr. Ravinder Kumar, the convener of the event, proposed a vote of thanks.

After the inaugural function, the competitive events began. The first event was 100 m Heats in the Men's category, in which 42 athletes contested. This was followed by the heat round in 100 m (women), 400 m (men), and 400m (women) in which 15, 37, and 09 athletes participated respectively. This was followed by the final rounds of Shot Put(women), High Jump(men), Shot Put (men), Javelin Throw(men), and women in which 19,7,6 and 10 athletes participated. The Final rounds of 800m (men), 800 (women), long jump(men) Discuss (women), 100m (women), 100 m (men), 400 m (women), and 400m(men) were also held and the winners for the same were as follows. Kanika Thakur of B.Sc III year bagged the first position in 100 meters, Roshani bagged the second position and Kavita Thakur won the third position. In 400 meters(women) Kanika Thakur won the first position, Ritika secured the second position and Kavita Thakur secured the third position. In 800 meters(women) Roshani secured the first position, Kavita Thakur won the second position and Nisha secured the third position. In the 100 meters(men), Dixit Prashar secured the first position, Nitesh Kumar won the second position and the third position was bagged by Uday Chauhan. In the 400 meters(men) Bhulesh Kumar won the first position, Chetan Kumar Atal won the second position, and Lal Singh with Kabir Singh both bagged the third position. In the 800 meters (men), Pratham secured the first position, Aryan Thakur secured the second position and the third position was bagged by Bhavan Kumar. In Shot Put(men), Siddharth came first, Rahul stood second and Anshul came third.

The second day of the Annual Athletic Meet started with great enthusiasm shown by the audience and the participants. Dr Hemraj Rana and Dr. Banita Saklani coordinated all the events brilliantly, both as anchors and commentators. On this day, all the committees efficiently conducted the final rounds of the various sports competitions, such as Men's and Women's 200 m

race, 1500 m race, High Jump, Discuss Throw, Javelin Throw, Shot Put, Women's Long Jump, etc as per the schedule and the final list of winners was handed over to the prize presentation committee to be declared during the closing ceremony. The final list of winners was as follows:

In the 200 m race (men), Rohit secured first position, Latesh took second and Upendra got third place. In the Long Jump(women), Hemlata earned first place, Kavita Thakur got second and Chetna Kumari took third position. In the High Jump(women), Sarita secured first place, Perna came second and Kavita finished third. In Discus Throw(women), Sakshi secured first place, Sania got second and Hemlata took third place. In the 200 m race (women), Perna secured first position, Kavita bagged second and Chetna bagged third. In the Shot Put(women), Sakshi claimed first place, Shivani got second and Saniya finished third. In the Javelin Throw(women), Sakshi earned first place, Kanika Sharma took second and Shivani got third position.

In the 100 m race (teaching staff, female), Prof. Aditi claimed first place, Dr. Madhavi secured second and Dr. Bandana got third place. In the 100 m race (non-teaching staff females), Mrs. Hansa Devi claimed first place, Mrs. Lata Devi took second and Mrs. Ruma Devi got third place. In the High Jump (teaching male staff), Prof. Vijay Kumar secured first place, Prof. Arvind Kumar got second and Prof Chooda Mani claimed third place. In the Musical Chair competition (female teaching staff), Prof. Aditi secured first place, Prof. Bipasha got second and Prof. Anju Bala took third place.

Post lunch session began with the grand event of the Closing Ceremony. Professor Padam Singh Guleria, former Principal, Maharaja Lakshman Sen Memorial College Sundar Nagar presided over the function as the chief guest. Major Man Singh Jamwal (Retd.) former Principal Vallabh Government College Mandi was the other distinguished guest who graced this occasion. Professor Surina Sharma, Principal, Vallabh Govt. College Mandi, the entire college staff, NCC volunteers, athletes, and students welcomed all the eminent guests and escorted them onto the stage. Dr Banita Saklani, President, of HGCTA, formally welcomed the chief guest. Professor Padam Singh, a very renowned and eminent personality presently serving as Sr. Vice-President of the Indian Kayaking and Canoeing Association and General Secretary of Himachal Pradesh Kayaking and Canoeing Association. A sportsperson and an academician who has also served as Coach, Chief, Chief Technical Official, and Manager of various sports events at national and international levels. He has raised the standard and status of sports in our state. He has also been a recipient of Him Gaurav Puraskar. Everybody felt immensely honoured and inspired by such a dynamic personality to have with us as our Chief guest.



Some of the main events such as, the men's 1500 m race and Tug of War were conducted in front of the guests. In an exciting Men's 1500 m race competition, Shashi Thakur bagged first place, Rahul secured second and Rohan got third position. In a tug-of-war competition, the academic staff defeated the non-academic staff. In another tug-of-war competition held between college staff and students, the students won with a score of 2-1 defeating the college staff in both the male and female categories. Our distinguished guests and audiences enjoyed all these fun events immensely through which our college staff displayed a great sense of sportsman spirit. Refreshment was also served to all the guests, staff, and participants during this event. After that, the Principal honoured the chief guest, Professor Padam Singh Guleria and Professor Man Singh Jamwal with our traditional Himachali topi and shawl and also presented mementos as a token of love and respect. Then Dr Sanjay Thakur, Game President, presented a brief report of this two-day Annual Athletic Meet 2024-25.

The Principal also addressed the students and remarked that the athletic meet provided participants with a platform to showcase their skills and also encouraged them to identify talented athletes. She acknowledged all the distinguished guests and congratulated the prize winners of this event. She also appreciated the sincere efforts of Dr. Sunil Sen, Sports Incharge and Organizing Secretary of this athletic meet for bringing laurels to our college consistently. After that, while addressing the students, the Chief guest, Professor Padam Singh Guleria explained the importance of good health to lead a happy and successful life. He emphasized that sports contribute to the holistic development of an individual and also play a significant role in fostering brotherhood and social connections. He congratulated the prize winners and Principal, Dr. Sunil Sen, and the entire organising team for making this annual athletic meet a grand success.

Thereafter, the chief guest and other distinguished guests were escorted by the College Principal and staff to the podium in the ground for the Medal giving ceremony. Then the chief guest, Professor Padam Singh Guleria, Professor M. S. Jamwal, and Professor Surina Sharma, the College Principal, and the senior faculty members of the college honoured the prize winners of various sports events by presenting them their respective gold, silver, and bronze medals. The audiences cheered and applauded for these prize winners wholeheartedly and celebrated their success with them.

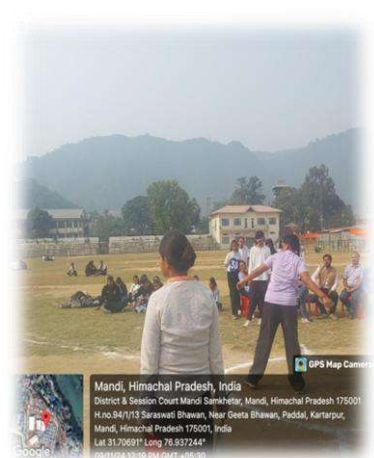
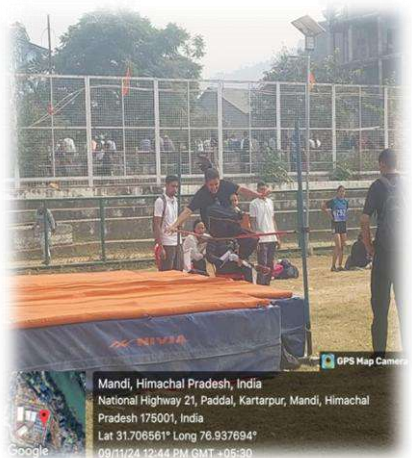
Then Dr. Sunil Sen, the Organising Secretary, presented the vote of thanks. He extended his utmost gratitude to Prof. Padam Singh Guleria and Prof. Man Singh Jamwal for gracing the occasion with their kind presence and inspiring the students and audiences as well. Dr. Sen thanked our college Principal for always being supportive and encouraging to promote sports

activities. He also thanked esteemed senior colleagues, the Sports Advisory Committee, all other committees for various sports events, teaching and non-teaching staff, Sports Technical staff, CSCA, PTA, OSA, NCC cadets, NSS, Rovers & Rangers volunteers, students of Physical Education & B. Voc, athletes, participants, Media personals, and thousands of other students of our college for their collaborative efforts to make this event a great success. After that, the flag-lowering ceremony was performed to mark the formal ending of this grand event of the annual athletic meet. The chief guest lowered down the flag and then the flag was folded respectfully and handed over to the college Principal. The event ended with the national anthem. To conclude, this annual athletic meet successfully conveyed and fulfilled its purpose by fostering a sense of discipline, motivation, unity, and pride among students. Overall, it was a memorable and enriching experience to cherish for those who got a chance to witness it.

## *Glimpses of the Championship*

















# In the News

दैनिक 3 संध्या अखबार मंडी खबरनामा

सटी खबर जय तक

200 मीटर की दौड़ में प्रेरणा, 400 मीटर में कनिका फर्स्ट

**खबरनामा ब्यूरो**

वल्लभ कॉलेज की वार्षिक एथलेटिक्स मीट आज सोमवार को शुरू हुई। वल्लभ कॉलेज में प्रारंभिक प्रतियोगिताओं में प्रवेश करने वाले छात्रों के बीच प्रतियोगिताएं शुरू हुईं। 200 मीटर की दौड़ में प्रेरणा ने 12.49 सेकंड में दौड़ पूरी कर जीती। 400 मीटर की दौड़ में कनिका ने 13.06 सेकंड में दौड़ पूरी कर द्वितीय स्थान पर जीती।

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पन्थी, 8 फरवरी, 2024, वार्षिक शुरुआत खबर-2024

## वल्लभ कॉलेज में वार्षिक एथलेटिक्स मीट का आगाज दीक्षित ने 12.49 सेकंड में पूरी कर जीती सौ मीटर की दौड़



**खबरनामा ब्यूरो। मंडी**

वल्लभ राजकीय महाविद्यालय की वार्षिक एथलेटिक्स मीट का शुभारंभ सरदार पटेल विवि के कुलपति प्रोफेसर ललित कुमार अवस्थी ने एथलेटिक्स मीट का झंडा फहराकर किया। प्राचार्या प्रोफेसर सुरीना शर्मा ने मुख्य अतिथि सरदार पटेल विवि के कुलपति प्रोफेसर ललित कुमार अवस्थी को स्मृति चिन्ह भेंट किया। फ्लाइंग ऑफिसर डॉ चमन की कमांड में एनसीसी वायु सेना विंग, आर्मी विंग के कॉर्जेंट्स ने भव्य मार्च पास्ट का प्रदर्शन किया।

एथलेटिक्स मीट की शुरुआती मुकाबलों में 100 मीटर पुरुष वर्ग दौड़ में दीक्षित पराशर ने 12.49 सेकंड में दौड़ पूर्ण कर प्रथम स्थान अर्जित किया। नीतीश कुमार ने 13.06 सेकंड में दौड़ पूर्ण कर द्वितीय स्थान पर उदय चौहान ने 13.15 समय में दौड़ पूर्ण कर तृतीय स्थान अर्जित किया। 400 मीटर पुरुष वर्ग रेस में बोलेश कुमार ने प्रथम स्थान, चेतन कुमार अटल ने द्वितीय स्थान व लाल सिंह ने तृतीय स्थान अर्जित किया। 100 मीटर महिला वर्ग दौड़ में कांता ठाकुर ने प्रथम स्थान, रितिका ने द्वितीय स्थान व कविता ठाकुर ने तृतीय स्थान अर्जित किया।

जैवलिन श्रो पुरुष वर्ग में लीलामणी ने प्रथम स्थान, राहुल कुमार ने द्वितीय स्थान व पुष्पेंद्र कुमार ने तृतीय स्थान अर्जित किया।



