



ESTD. 1948

A Report

**COACHING CAMP FOR HIMACHAL PRADESH
UNIVERSITY SHIMLA WUSHU (MEN & WOMEN) TEAM**

FOR

**ALL INDIA INTER UNIVERSITY WUSHU (M & W)
CHAMPIONSHIP 2024-25**

ORGANISED BY:

VALLABH GOVT. COLLEGE MANDI (H.P.)

Coaching Camp for HPU Wushu (Men & Women) Team at Vallabh Government College, Mandi *16th February 2025 – 20th February 2025*

A REPORT

Vallabh Government College, Mandi (H.P.), successfully organized a **five-day coaching camp** for the **Himachal Pradesh University (HPU), Shimla Wushu (Men & Women) Team** from **16th February to 20th February 2025**. The camp was held in preparation for the upcoming **All India Inter-University Wushu Championship (2024–25)**, scheduled to take place at **Chandigarh University** from **22nd to 27th February 2025**.

This special coaching camp was attended by **19 selected Wushu players—11 male and 8 female athletes**—from various colleges affiliated to **Himachal Pradesh University**. The initiative was undertaken to offer these athletes an intensive training experience before competing at the national level. The camp focused on sharpening their skills, improving their physical and tactical readiness, and building team coordination for the upcoming championship.

Vallabh Government College, Mandi, took complete responsibility for **providing accommodation, and training facilities** to the participating players. The college ensured a disciplined and supportive environment, allowing the athletes to focus entirely on their preparation. The training sessions were conducted in a professional manner and included technical drills, fitness conditioning, and strategic game simulations based on the latest **international wushu techniques and tactics**.

The team was **coached by Mr. Nirmal Singh**, an experienced and certified **Wushu Coach**, who guided the players throughout the camp with dedication and expertise. His deep understanding of the sport, combined with a practical approach to training, significantly contributed to the technical refinement of the athletes. **Dr. Sunil Sen, Assistant Professor of Physical Education**, served as the **Team Manager**, overseeing the daily operations and ensuring smooth coordination throughout the duration of the camp.

Before departing for Chandigarh University to participate in the All India Inter-University Championship, the players gathered at the college to seek blessings and encouragement from **Prof. Surina Sharma, Principal of Vallabh Government College, Mandi**. In her address, she expressed

immense pride in hosting the HPU team and motivated the athletes to give their best at the national platform. She emphasized the importance of discipline, confidence, and sportsmanship and wished the team great success.

Members of the **College Sports Advisory Committee** also interacted with the athletes. They shared words of encouragement, appreciated the team's dedication, and offered their best wishes for the forthcoming tournament. This thoughtful interaction further boosted the morale of the players.

The camp concluded on a positive and hopeful note, with all 19 players departing fully prepared and motivated to represent Himachal Pradesh University at the national level. The initiative reflects the **ongoing commitment of Vallabh Government College, Mandi to sports development and excellence**, both within the institution and across the university.



Dr. Sunil Sen for it
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P. S.

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No.31/99-2000/HPU (Sports)-
Himachal Pradesh University, Shimla-05.
(NAAC Accredited 'A' Grade University
Directorate of Physical Education & (YP)

Dated: 13.02.2025

To,

- The Principal,
1. V.G.C. Mandi
2. Govt. College, Sanjauli
3. Govt. College, Kullu
4. MLSM College, Sundernagar
5. Govt. College, Solan
6. Namdhari College of Edu. Sundernagar
7. Govt. College, Nurpur

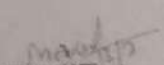
Subject: Regarding All India Inter-University Wushu (Men & Women) Championship, 2024-25.

Sir/Madam,

The following players of your college has/have been selected to attend a coaching camp for the Wushu (Men & Women) team scheduled to be held at **Vallabh Govt. College, Mandi w.e.f. 16.02.2025 to 20.02.2025**. You are therefore requested to kindly direct the following players of your college to report for coaching camp on 15.02.2025 at above mentioned venue alongwith Matric. Plus Two, BA-III certificate (in case of PG students), Aadhar card and latest two photographs. After the coaching camp, the said team will participate in **All India Inter University Wushu (Men & Women) Championship to be held at Chandigarh University w.e.f. 22.02.2025 to 27.02.2025**. Stay arrangement will be at **Vallabh Govt. College, Mandi**.

Sr. No.	Student Name	Father's Name	College Name
1	Rahul	Sh. Raju	Vallabh Govt. College, Mandi
2	Aryan Sood	Sh. Vijay Kumar	Govt. College, Sanjauli
3	Chand	Sh. Khimi Ram	Govt. College, Kullu
4	Anil	Sh. Rohini Ram	Govt. College, Kullu
5	Kartika Sharma	Sh. Deepak Sharma	Govt. College, Sanjauli
6	Narender Kumar	Sh. Bhoop Singh	Govt. College, Kullu
7	Aaditya Chaudhary	Sh. Vipin Kumar	Vallabh Govt. College, Mandi
8	Mohd. Aashim	Sh. Mohammad irshad	MLSM College, Sundernagar
9	Vishal	Sh. Dinesh Kumar	Vallabh Govt. College, Mandi
10	Taranpreet Singh Gill	Sh. Gurmit Singh Gill	Vallabh Govt. College, Mandi
11	Anil	Sh. Ramesh	Govt. College, Solan
12	Anamika Sharma	Sh. Amar Chand	Namdhari College of Edu. Sundernagar
13	Jyoti	Sh. Nikku Ram	MLSM College, Sundernagar
14	Anchal Suryavanshi	Sh. Mahender Singh	Govt. College, Sanjauli
15	Poonam	Sh. Narender Kumar	MLSM College, Sundernagar
16	Sunita Devi	Sh. Bhim Banadur	Govt. College, Nurpur
17	Kanika Sharma	Sh. Om Chand	Vallabh Govt. College, Mandi
18	Sakshi	Sh. Roop Lal	Vallabh Govt. College, Mandi
19	Saniya	Sh. Durga Dutt	Vallabh Govt. College, Mandi

Yours faithfully,


Section Officer,
Dte. of Phy. Edu. & (YP)

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