

Annual Report of Department of Physical Education and Sports,

Vallabh Government College Mandi.

Session 2018-2019

Our College participated in various games and sports in men and women section during the session 2018-2019. Detailed report is as under:

1. Our College Hockey (W) team remained winner in H.P. University Inter- College Hockey (W) Championship 2018 held at MLS College Sundernagar. Yenum Sharma, Raksha, Pinki and Kalpna participated in Inter- Varsity Hockey (W) Championship held at Punjab University Chandigarh. Pinki and Neha played Junior National in Hockey.
2. Our College Chess (W) team remained winner in H.P. University Inter- College Chess (W) Championship 2018 held at Government College Theog. Shilpa Dhalari participated in Inter- Varsity Chess (W) Championship held at Amity University Noida.
3. Our College Chess (M) team remained runners up in H.P. University Inter- College Chess (M) Championship 2018 held at Government College Theog. Rahul and Dinesh Kumar participated in Inter- Varsity Chess (M) Championship held at CCU Meerut.
4. Our College Boxing (M) team won 3rd place in H.P. University Inter- College Boxing (M) Championship 2018 held at Government College Sunni. Parikshit won Gold Medal and got selected for Inter – Varsity. Gulshan won Silver Medal and Dikshit won Bronze Medal in Boxing.
5. Our College X- Country (M) team won 3rd place in H.P. University Inter- College X- Country (M) Championship 2018 held at Government College Jogindernagar.
6. Our College Volleyball (W) team remained at 4th place in H.P. University Inter- College Volleyball (W) Championship 2018 held at Government College Jogindernagar. Jethi Devi participated in All India Inter- Varsity Volleyball (W) Championship held at IIS University Jaipur. She was also the member of 3rd place holder team in North Zone Inter – Varsity. Anjali Kashyap played Senior National in Volleyball at Chennai.
7. Our College Badminton (W) team remained at 4th place in H.P. University Inter- College Badminton (W) Championship 2018 held at Government College Mandi. Sakshi Chandel participated in Inter- Varsity Badminton (W) Championship held at LPU Ludhiana. She also played Senior National and North Zone in Badminton at Guwahati and Udaipur respectively. She was also the member of winner team of HP Senior State.
8. In Boxing Disha won Gold Medal in H.P. University Inter- College Boxing (W) Championship 2018 held at Government College Reckong Peo. She played All India Inter-

Varsity in Boxing at JRNR Vidyapeeth Udaipur Rajasthan. She also won Silver Medal in Senior State. Dinesh Kumari won Silver Medal in Senior State. Dinesh Kumari, Tanuja and Jagriti won Bronze Medal in H.P. University Inter- College Boxing (M) Championship 2018 held at Government College Reckong Peo.

9. In Wrestling (M) Sunny Kumar won Gold Medal in H.P. University Inter- College Wrestling (M) Championship 2018 held at MLSM College Sundernagar. He played All India Inter- Varsity in Wrestling at Chaudhary Bansi Lal University Bhiwani, Haryana. He also played Senior National and Youth National (U- 23) in Wrestling at Gonda UP and Chitorgarh Rajasthan respectively.
10. In Wrestling (W) Jayanti won Silver Medal and Tanuja won Bronze Medal in H.P. University Inter- College Wrestling (W) Championship 2018 held at MLSM College Sundernagar.
11. Shivam Verma participated in Inter- Varsity TT (M) Championship held at Chitkara University Baddi. He also played Senior State and Junior State in TT at Shimla.
12. Mayush Verma and Varsha Thakur played Inter- Varsity in Cricket at MDU Rohatak.
13. Sachin and Jay Kumar played Inter- Varsity in Hockey at Aligarh Muslim University Aligarh.
14. Sanjai Kumar played Inter- Varsity in Kho - Kho at Avadh University Faizabad.
15. Rina Kumari won Silver Medal in Discus Throw in H.P. University Inter- College Annual Athletic Meet 2018 held at Government College Hamirpur.
16. Vidya Devi won Silver Medal, Pritika Saklani, Roshani Devi, Manju Kumari won Bronze Medals in H.P. University Inter- College Taekwondo Championship 2018 held at Government College Indora.
17. Jaybanti and Satyam Guleria won bronze Medals in H.P. University Inter- College Judo Championship 2018 held at Government College Indora.
18. Nandan Saini, Vinay Thakur and Arpit Parmar were the members of Runners up team in Junior State (U- 19) Football Championship held at Shahpur Kangra.
19. Aditya and Akash were the members of Runners up team in Junior State Volleyball Championship held at Dhalpur Kullu.