

Annual Report of Department of Physical Education and Sports,

Vallabh Government College Mandi.

Session 2019-2020

Our College participated in various games and sports in men and women section during the session 2019-2020. Detailed report is as under:

1. Mr Ayaan Parihar
2. Ms Sakshi Chandel
3. Our College Hockey (W) team won H.P. University Inter- College Hockey (W) championship -2019 held at VGC, Mandi consecutively 2nd time. Pinki, Yenum Sharma, Kalpna, Neha and Raksha, participated in Inter- Varsity Hockey (W) Championship held at Punjabi University Patiala. Pinki and Raksha played Senior National in Hockey. Pinki, Yenum Sharma and Neha were the member of Winner team of Senior State Hockey (W) Championship.
4. Our College Chess (W) team won H.P. University Inter- College Chess (W) Championship 2019 held at Government College Beetan , Una consecutively 2nd time. Shilpa Dhalari and Chandrika Katoch participated in Inter- Varsity Chess (W) Championship held at Chandigarh University Chandigarh.
5. Our College Hockey (M) team remained runners up in H.P. University Inter- College Hockey (M) Championship 2019 held at Government College Una after Nineteen years. Sahil, Ashok Kumar, Manish and Sachin played Inter- Varsity Hackey (M) Championship held at JMI Delhi. Sahil, Ashok and Manish were the member of Winner team of Senior State Hockey (M) Championship.
6. Our College Boxing (M) team won Runners – up trophy in H.P. University Inter- College Boxing (M) Championship 2019 held at VGC Mandi. Ayan, Parikshit and Avinash Chandel won Gold Medal and played All India Inter- Varsity in Boxing. Dikshit, Gaurav Dhiman and Yashpal won Bronze Medal in Boxing.
7. Our College Badminton (W) team won 3rd place in H.P. University Inter- College Badminton (W) Championship 2019 held at Government College Sanjauli. Sakshi Chandel Played Inter Varsity in Badminton.
8. Our College Kho- Kho (W) team won 3rd place in H.P. University Inter- College Kho- Kho (W) Championship 2019 held at Government College Jogindernagar. Anita and Geetanjali played Inter – Varsity Kho- Kho Championship held at Ramlohia University Lucknow.

9. In Boxing women section Disha and Manju won Silver Medal in H.P. University Inter-College Boxing (W) Championship 2019 held at Government College Reckong Peo. She played All India Inter- Varsity in Boxing at JRNR Vidyapeeth Udaipur Rajasthan. She also won Silver Medal in Senior State. Dinesh Kumari won Silver Medal in Senior State. Dinesh Kumari, Tanuja and Jagriti won Bronze Medal in H.P. University Inter- College Boxing (M) Championship 2018 held at Government College Reckong Peo.
10. In Wrestling (M) Sunny Kumar won Gold Medal in H.P. University Inter- College Wrestling (M) Championship 2018 held at MLSM College Sundernagar. He played All India Inter- Varsity in Wrestling at Chaudhary Bansi Lal University Bhiwani, Haryana. He also played Senior National and Youth National (U- 23) in Wrestling at Gonda UP and Chitorgarh Rajasthan respectively.
11. In Wrestling (W) Jayanti won Silver Medal and Tanuja won Bronze Medal in H.P. University Inter- College Wrestling (W) Championship 2018 held at MLSM College Sundernagar.
12. Shivam Verma participated in Inter- Varsity TT (M) Championship held at Chitkara University Baddi. He also played Senior State and Junior State in TT at Shimla.
13. Mayush Verma and Varsha Thakur played Inter- Varsity in Cricket at MDU Rohatak.
14. Sachin and Jay Kumar played Inter- Varsity in Hockey at Aligarh Muslim University Aligarh.
15. Sanjai Kumar played Inter- Varsity in Kho - Kho at Avadh University Faizabad.
16. Rina Kumari won Silver Medal in Discus Throw in H.P. University Inter- College Annual Athletic Meet 2018 held at Government College Hamirpur.
17. Vidya Devi won Silver Medal, Pritika Saklani, Roshani Devi, Manju Kumari won Bronze Medals in H.P. University Inter- College Taekwondo Championship 2018 held at Government College Indora.
18. Jaybanti and Satyam Guleria won bronze Medals in H.P. University Inter- College Judo Championship 2018 held at Government College Indora.
19. Nandan Saini, Vinay Thakur and Arpit Parmar were the members of Runners up team in Junior State (U- 19) Football Championship held at Shahpur Kangra.
20. Aditya and Akash were the members of Runners up team in Junior State Volleyball Championship held at Dhalpur Kullu.
21. Rahul and Dinesh Kumar participated in Inter- Varsity Chess (M) Championship held at CCU Meerut.