

VALLABH GOYT. COLLEGE MANDI

H.P (175001)

NATIONAL SERVICE SCHEME

REPORT 2024-2025





### PROGRAMME OFFICER'S MESSAGE

It is indeed a matter of great pride and honor to be associated with the National Service Scheme (NSS), a platform that represents the spirit of selfless service in its truest form. In today's society, where recognition, rewards, publicity, and material gain often overshadow the value of silent contributions, NSS stands out as a beacon of hope—nurturing values of compassion, responsibility, and community spirit among youth.

The essence of service without expectation, as embodied in NSS, not only positively impacts the moral fabric of our students but also contributes towards the building of a more empathetic and harmonious society. Acts of service inculcate values that shape responsible and caring citizens. It is my firm belief that every act of service contributes not just to society, but also to our own growth—emotionally, ethically, and spiritually.

My message to all students is to wholeheartedly engage with NSS and take full advantage of this opportunity. NSS is not just a certificate or an activity; it is a medium for holistic development. In a time when job markets are competitive and degrees alone often don't open doors, being an NSS volunteer gives students the practical exposure to administrative functions, fosters leadership skills, and encourages an entrepreneurial mindset.

This experience builds the foundation for self-reliance and resilience. Volunteers learn how to strike a balance in life, which is the key to long-term success—not only in their careers but also in their personal and social lives.

Let us remember that true service is a noble path that silently builds both the individual and the nation. I encourage all students to join NSS, contribute meaningfully, and carry the torch of selfless service forward.

Dr. Deepali Ashok

Assistant Professor, Botany

NSS Programme Officer

Vallabh Government College, Mandi (H.P.)



### PROGRAMME OFFICER'S MESSAGE

It gives me immense pleasure to welcome you to the National Service Scheme (NSS) Unit of Vallabh Govt. College Mandi. The NSS, guided by the motto "Not Me, But You", aims to instill the spirit of selfless service, compassion, and civic responsibility among students. It encourages youth to actively participate in social service and contribute to the betterment of society.

At our institution, the NSS Unit is committed to creating awareness, promoting social harmony, and building a sense of unity and purpose among our volunteers. Through various activities such as cleanliness drives, blood donation camps, health awareness programs, environmental conservation, and rural outreach initiatives, we strive to shape socially conscious individuals who are not only academically capable but also deeply connected to the needs of the community.

Being a part of NSS is more than just volunteering—it is about developing leadership, discipline, empathy, and teamwork. I encourage all students to actively engage with the NSS and be a catalyst for positive change.

Let us work together towards building a more inclusive, aware, and responsible society.

Prof. Surajmani

Assistant Professor, Political Science

NSS Programme Officer

Vallabh Government College, Mandi (H.P.)

President(Lucky Chauhan) Muskan(Vice-President)

| m '1 (C , , )              | T 11 D '(A ' + + C + + )      |
|----------------------------|-------------------------------|
| Tanisha(Secretary)         | Lekh Raj(Assistant Secretary) |
|                            |                               |
|                            |                               |
| Arpit Sharma(Outdoor Head) | Pooja(Outdoor Head)           |
|                            |                               |
|                            |                               |
| Sanjana(Stage management   | Suryakant(Stage management    |
|                            |                               |
| head)                      | Head)                         |
|                            |                               |
| Bhavnesh(Media Incharge)   | Anjali(Media Incharge)        |
|                            |                               |
|                            |                               |
| Pankaj Kumar(Refreshment   | Priyanshi Singh               |
| head)                      | Thakur(Refreshment Head)      |
|                            |                               |
| Shifali(Store Incharge)    |                               |
| on a mondiage,             |                               |

# OFFICE BEARERS 2024-2025

### TABLE OF CONTENTS FOR REGULAR ACTIVITIES

S.No Date Name of the Activity for the session 2024- No, of student 2025 participated

| 1.         | 26/07/2024 | Cleanliness Activity                               | 28  |
|------------|------------|--|-----|
| 2.         | 07/08/2024 | Tree Plantation Drive                              | 117 |
| 3.         | 24/08/2024 | NSS Induction program                              | 180 |
| 4.         | 02/09/2024 | Tree Plantation Drive                              | 20  |
| 5.         | 02/09/2024 | Executive Meeting                                  | 14  |
| 6.         | 04/09/2024 | Volunteer Meeting                                  | 50  |
| 7.         | 06/09/2024 | Garden Cleanliness                                 | 15  |
| 8.         | 07/09/2024 | Blood Donation Camp                                | 19  |
| 9.         | 11/09/2024 | All Volunteer Meeting                              | 50  |
| 10.        | 13/09/2024 | Meeting with District Youth Officer                | 90  |
| 11.        | 17/09/2024 | Swachhta hi Seva                                   | 65  |
| 12.        | 21/09/2024 | Republic day parade Unit Level selection           | 26  |
| 13.        | 24/09/2024 | Foundation Day Celebration                         | 170 |
| 14.        | 28/09/2024 | Surakshit Himachal Road Safety awareness<br>Ralley | 150 |
| <b>15.</b> | 30/09/2024 | Swachhata Hi Seva                                  | 40  |
| 16.        | 02/10/2024 | Gandhi Jayanti                                     | 20  |
| 17.        | 16/10/2024 | Maintenance of trees at Adopted forest Area        | 16  |

| 18. | 24/10/2024                | Nec Activity class  | 85  |
|-----|---------------------------|---|-----|
| 10. | 24/10/2024                | Nss Activity class  | 05  |
| 19. | 15/10/2024                | Pre-Rd Selection  | 01  |
| 20. | 28/10/2024                | College cleanliness Drive   | 228 |
| 21. | 18/10/2024-<br>24/10/2024 | Traffic Duty  | 13  |
| 22. | 11/11/2024                | Gender Sensitization  | 11  |
| 23. | 13/11/2024                | Outreach program of my Bharat   | 80  |
| 24. | 20/11/2024-<br>29/11/2024 | College Cleanness Drive   | 200 |
| 25. | 03/12/2024                | The mother Healing Suketi 2.0   | 120 |
| 26. | 11/11/2024-<br>05/12/2024 | Mission Mother  | 32  |
| 27. | 28/12/2024-<br>05/01/2025 | Yuva Sangam Program an effective<br>Initiative of Govt. of India      | 01  |
| 28. | 02/01/2025-<br>09/01/2025 | NIC at Jammu  | 01  |
| 29. | 04/02/2025-<br>12/20/2025 | NIC at Chandigarh University  | 01  |
| 30. | 11/02/2025-<br>17/02/2025 | NSS Seven Day special camp 2025                                       | 85  |
| 31. | 15/02/2025                | Health Check-up Camp  | 160 |
| 32. | 22/02/2025                | Annual Prize distribution Function                                    | 200 |
| 33. | 24/02/2025                | NSS Farewell Party 2025   | 60  |
| 34. | 26/02/2025-<br>05/03/2025 | International Maha Shivratri Festival<br>Traffic Management Duty.     | 40  |
| 35. | 26/02/2025                | Refreshment Service during Vyas aarti                                 | 15  |
| 36. | 26/02/2025-<br>05/03/2025 | Cleanliness awareness and on-ground cleaning at Devta stay points.    | 30  |
| 37. | 02/03/2025                | Human traffic management and placard holding during the international | 25  |
|     |                           | procession with foreign delegates.                                    |     |

# CAMPUS CLEANLINESS ACTIVITY

Date: 26/07/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 28

No. of teachers participated: 06

On 27th July 2024 NSS unit Vallabh Government College Mandi gave their selfless services in cleaning the college campus.27 volunteers took active participation in this cleanliness drive Volunteers cleaned the college area from the college gate to the administration block. They cleaned useless grass, nettle plants, plastic waste and solid waste. Principal Vallabh Government College Mandi Prof. Surina Sharma ji NSS Programme officer's Dr. Deepali Ashok ji, Prof Surajmani ji and other faculty members appreciated the efforts of volunteers. It's our duty to make our college campus green and clean.





### TREE PLANTATION DRIVE

**Date:** 07/08/2024

**Venue:** Tarapur Village (Gaggal)

No. of students participated: 117

No. of teachers participated: 06

Mission "Ik Ped Maa Ke Naam" started by NSS Unit Vallabh Government College Mandi to pay our heartfelt tribute towards Mother Nature. On 7th August 2024 NSS unit of Vallabh Government College Mandi planted 200+ trees in an adopted barren area at Gora Gaggal District Mandi. 117 NSS volunteers, NCC Cadets and 20 students' members of the Eco club actively participated in this tree plantation activity. This initiative is taken to pay our heartfelt tributes towards Mother Nature for protecting us. The forest department appreciated this campaign. Principal Vallabh Govt College Mandi Prof. Surina Sharma ji, Programme officers Dr. Deepali Ashok ji and Prof Surajmani ji addressed the students and appreciated the campaign. NSS unit is planning to plant many trees this session.





### **NSS INDUCTION PROGRAMME**

**Date:** 24/08/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 180

No. of teachers part: 05

Today, the executive committee was formed by the National Service Scheme Unit (NSS) of Government College Mandi. In which our Chief Guest was Prof. Surina Sharma, Principal Vallabh Govt. College Mandi. During this program NSS Programme officer Prof. Surajmani and Dr. Deepali Ashok also told all the volunteers the of NSS and how you have to play your role as a objective volunteers .180 volunteers of the unit were present in the program. Lucky Chauhan was elected as the President of the NSS unit and Muskan as Vice President and Tanisha as Secretary, Lekh Raj as Assistant Secretary, Anamika as joint Secretary, Bhavnesh and Anjali as Media Incharge. Kanupriya was elected as Cultural Head, Sanjana and SuryaKaant as Stage Management ,Shifali as Store Incharge, Pankaj and Priyanshi Thakur as Refreshment Head, Arpit and Pooja as Outdoor Head and after that, the President took the oath first and the rest of the elected executive members were sworn in by the President. The programme was concluded by singing the National Anthem.





### TREE PLANTATION DRIVE

**Date:** 02/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 03

Tree plantation was done in Bhiyuli by the National Service Scheme Unit in Vallabh Government College. In which the volunteers of Vallabh College planted trees and explained what should be the role of people towards the environment and what the contribution of trees in our lives is. Program Officer Prof. Surajmani and Dr. Deepali Ashok ji appreciated all the volunteers for this small step towards the environment. And on this occasion, the NSS volunteers ensured their participation in how you have to play your role towards the environment and how you have to play a role in welfare programs for the society in your future. 20 volunteers of the National Service Scheme Unit were present in this program. Under the leadership of Outdoor Head Arpit Sharma, the volunteers of the college completed a small program towards the environment.





### **EXECUTIVE MEETING**

**Date**: 02/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 14

No. of teachers participated: 02

The working committee of the session 2024-25 was formed by the National Service Scheme unit of Government College Mandi. And Program Officer Prof. Surajmani and Dr. Deepali Ashok congratulated all the elected members. All the elected members were made aware of the programs of this session and they were always motivated to remain loyal to their work and a discussion was held on the work of the entire session and their views were also taken so that the National Service Scheme unit can work impartially for its society. All the elected members were heard about their views and after listening and understanding everyone's views, the meeting was faced.





### **VOLUNTEERS MEETING**

**Date:** 04/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 50

No. of teachers participated: 02

A class of all the volunteers was taken on 04/09/2024 by Nation Service Scheme of Government College Mandi. In this class, all the volunteers were told about leadership and an activity was conducted in which they understood and learnt the qualities of leadership. They were motivated to do the activity. This activity was conducted by the unit president. All the volunteers participated in this activity with great enthusiasm and learnt about leadership and in this activity, apart from leadership, they were also told about discipline and with this the class was concluded.









### GARDEN CLEANLINESS

**Date:** 06/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 15

No. of teachers participated: 01

The cleaning of NSS garden was done on 06/09/2024 by the National Service Scheme of Government College Mandi. This garden was built by the volunteers of National Service Scheme in 2023. The motive behind building this garden was to do something creative in the unused space. The NSS volunteers cleaned this garden with full dedication and hard work and fulfilled their duty with full devotion. The volunteers inspired all the people to always be ready for nature. After cleaning, the beauty of the garden became even better.





Nssvgcmandi

### **BLOOD DONATION CAMP**

**Date:** 07/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 19

No. of teachers participated: 02

NSS Unit Vallabh Government College Mandi in collaboration with Himalayan blood donors and blood Bank zonal hospital Mandi organized a blood donation camp on 7th September 2024 in college campus. 20 volunteers and 2 teachers took active participation in this blood donation camp. Principal VGC Mandi Prof. Surina Sharma ji appreciated the volunteers for this great work. Programme officers Dr. Deepali Ashok ji Prof. Surajmani ji addressed all the blood donors and appreciated their efforts. Head Blood Bank zonal hospital Mandi and Leaders of Himalayan Blood donors appreciated ourefforts.









### **ALL VOLUNTEERS MEETING**

Date: 11/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 50

No. of teachers participated: 02

A meeting was organized by the National Service Scheme unit of Government College Mandi on 11/09/2024. In the meeting, a discussion was held about making group leaders and an activity was also conducted with the volunteers which were on leadership. The children learned a lot in the activity and got a chance to learn a lot from this activity and the president told them about leadership and inspired them and finally the gathering was addressed.









### MEETING WITH DISTRICT YOUTH OFFICER

**Date:** 13/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 90

No. of teachers participated: 02

Today on 13th September 2024 NSS Volunteers had a meeting with District Youth Officer (DYO) Miss. Bharti Mongra ji. DYO told volunteers about 2 different projects that the Ministry of youth affairs and sports and Nehru Yuka Kendra Sangathan is working on. "Swachhta Hi Seva" and "Seva se Sikhe" are two main projects. NSS Volunteers are going to work on both the projects. They will give their services in hospitals for 3 days under an Experiential learning programme and under Swachta pakhwada volunteers will make our Mandi neat and clean.





### **SWACHHTA HI SEVA**

Date: 17/09/2024

Venue: Panchvaktr Temple Mandi

No. of students participated: 65

No. of teachers participated: 02

17/09/2024 the cleanliness growth run by the National Service Scheme unit of Government College Mandi, named "Swachata Hi Seva", in which the volunteers collected 580 kg of garbage. The volunteers participated in it enthusiastically. The volunteers made this work successful with their hard work. In this, the volunteers also alerted the people living there that we should always take the right steps for our environment and should not spread garbage.





# REPUBLIC DAY PARADE

### **UNIT LEVEL SELECTION**

Date: 21/09/2024

Venue: Vallabh Govt. College Mandi





volunteers. The program officer, Dr. Deepan Asnok and Assistant professor Surajmani encouraged the volunteers and 8 volunteers were selected in this selection camp.









### FOUNDATION DAY CELEBRATION

Date: 24/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 170

No. of teachers participated: 08

Vallabh Government College Mandi celebrated 55th NSS Foundation Day with great enthusiasm. Today, the NSS unit of Vallabh Government College Mandi celebrated the 55th NSS Foundation Day in a grand manner. The chief guest of this special occasion was Dr. Madan Kumar, ADM Mandi, who in his inspirational address gave the message to the NSS, volunteers to adopt a positive attitude in life. He said that many types of challenges come in life, but we should always move towards our goals by walking on the right path. True success is to dedicate oneself to the service of society by staying away from evils like addiction. Principal of the college, Prof. Surina Sharma, warmly welcomed the chief guest and praised the social work of the NSS unit and said that this organization is playing an important role in the allround development of the students by connecting them with the spirit of social service. Program officers, Dr. Deepali Ashok and Prof. Suraj Mani, also congratulated everyone on the NSS Foundation Day and praised the hard work and dedication of the volunteers. During the programme, the President of NSS Unit Mandi, Mr. Lucky Chauhan, presented a powerpoint presentation on the activities of the past year. Information on various social and cleanliness campaigns was shared, including notable works like 'to heal mother Sukti' campaign and health camps. Certificates were also distributed by the Chief Guest to the volunteers for blood donation and helping in traffic management

at the International Shivratri Fair. The programme was conducted efficiently by NSS volunteers Muskan and Nancy Rana. Along with this, NSS volunteers presented a cultural programme, which gave a glimpse of Indian culture and the message of preserving it. HGCTA President Dr. Banita Saklani, Dr. Chetan, Dr. Vivek, NCC Incharge Dr. Balbir, Ranger Leader Dr. Vandana, Dr. Suman, Prof. Sarita and other special guests were also present in the programme. In the end, Programme Officer Prof. Suraj Mani expressed his gratitude to all the guests, volunteers and organisers while giving the vote of thanks. Around 500 students attended the programme and thoroughly enjoyed this inspiring occasion.





# SURAKSHIT HIMACHAL ROAD SAFETY

# AWARENESS RALLY

**Date:** 28/09/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 150

No. of teachers participated: 02

An awareness campaign on road safety in Mandi district, "Surakshit Himachal Road Safety Awareness Rally", was successfully concluded today on Seri stage by Brahma Kumaris and Rajyoga Education and Foundation's Traffic and Transport Division.Hon'ble Research Technical Education Minister of Himachal Pradesh, Shri Rajesh Dharmani Ji participated in this program as the chief guest. He appreciated the programs of this campaign and said that there is always loss in any accident, but the biggest loss is the loss of life, which cannot be compensated in any way. And the youth should be made aware of this in particular, which has been done successfully in this campaign.SP Madam, ASP Sir, ADC Sir participated in this program on behalf of the district administration. And specially Director of Brahma Kumaris' Traffic Division, Rajyayogini Divyaprabha Didi, Deputy Director Dr. Rajyogi Suresh Sharma Ji, Rajyayogini Kavita Didi, Rajyogini Sarika Didi and Rajyogini Sangeeta Didi had come from Mumbai for this campaign. Through this program it was told that if road safety rules are followed with a stable mind, then road accidents can be reduced. The mind can be stabilized and balanced by practising Rajyoga.Before the closing ceremony, a huge padyatra was also organized in which 250 students of Vallabh Mahavidyalaya

participated and gave cultural presentation in the program. About 450 people participated in the padyatra SP Mandi Sakshi Verma ji flagged it off.





SWACHHATA HI SEVA

**Date:** 30/09/2024

Venue: Panchvaktra Temple Mandi

No. of students participated: 40

No. of teachers participated: 04

The NSS unit of Vallabh College Mandi conducted a cleanliness drive in and around Mandi College and Panchavaktra Temple under Swachhata Hi Seva program. The volunteers performed their responsibility of beautifying the environment by doing voluntary work. NSS Program Officer Suraj Mani Thakur motivated them. National Service Scheme Vallbh Govt. College Swachhata Hi Seva 2024 Principal Professor Surina Sharma addressed all the volunteers and also wished them for doing such a noble work. During this, District Youth Officer Bharti Mogra and Program Supervisor Ajay Sen ji were present.





### GANDHI JAYANTI

**Date:** 02/10/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

On 2<sup>nd</sup> October, on the occasion of the birth anniversary of the Father of the Nation, Mahatma Gandhi, a Prabhat Pheri was organized by the NSS unit of Vallabh Government College, Mandi. All the volunteers participated in this rally. On this occasion, Gandhi Ji was remembered while giving the message of cleanliness. On Gandhi ji's birth anniversary, the volunteers gave the message to the people that we should keep our environment clean and we should always keep cleanliness around us. In the end, the meeting was concluded with the songs of Gandhi ji.



volunteers of Group 6 and 7 participated, everyone worked together. All the trees were inspected thoroughly and cleaned (weeds were removed). The condition of most of the trees is fine and the grass around the trees was cleaned by everyone.



# NSS ACTIVITY CLASS

**Date:** 24/10/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 85

No. of teachers participated: 02

Today on 24th October 2024, like every week, a class was conducted with the volunteers, in which first of all the volunteers were attended by the President of the unit, in which 85 volunteers were present, in which an activity was conducted from all the volunteers, in which the volunteers were motivated to work together and good use of the resources available and the importance of teamwork and listening skills. All the volunteers were informed about the importance of enthusiasm and all the volunteers did and understood all these activities very well and after that Class were concluded





### PRE-RD CAMP 2024

**Date:** 15/10/2024

Venue: Vallabh Govt. College Mandi

No. of student participated: 01

Muskan, a volunteer of the National Service Scheme unit of Vallabh Government College, was selected for the Pre-RD camp. And Program Officer of National Service Scheme Surajmani and Program Officer Deepali Ashok and Principal Prof. Surina Sharma ji congratulated Muskan and encouraged this Pre-RD camp was held in Jaipur. Muskan made his full contribution to this and participated extensively in every activity.



### COLLEGE CLEANLINESS DRIVE

**Date:** 28/10/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 228

No. of teachers participated: 06

Today, a one-day cleanliness drive was carried out. Under this program, more than 110 members of NCC and 80 of NSS, rovers and 38 rangers participated. All volunteers, cadets and rover and ranger members participated on this occasion. Because the instructions were issued by the District Administration Mandi, on this occasion all the units, club societies, came together and made the college campus clean and tidy on the occasion of Diwali, because the way all the volunteers showed their enthusiasm and started the cleanliness drive in the college campus. For this purpose everyone paints their homes clean and tidy and why not us too. Make the shop and your office clean and tidy. More than 200 volunteers participated in this mega event and the publicity of Government College Mandi Prof. Surina Sharma expressed great appreciation and congratulated all the volunteers, Professor Surajmani Thakur was also present in this event and all the volunteers were present at the college.





### TRAFFIC DUTY

**Date:** 18/10/2024-24/10/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 13

Volunteers of National Service Scheme unit of Vallabh Government College Mandi, along with police administration, contributed in traffic control. They provided their services for traffic control in collaboration with police administration and helped police administration in controlling the traffic. Volunteers got to learn a lot from this about how we should handle situations in collaboration with the administration. Police administration appreciated volunteers.









### **GENDER SENSITIZATION**

**Date:** 11/11/2024

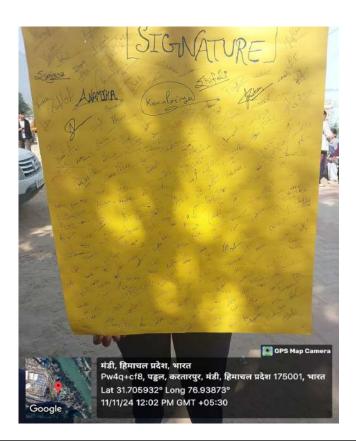
Venue: Vallabh Govt. College Mandi

No. of students participated: 11

No. of teachers participated: 02

Today a new initiative was started by the National Service Scheme Unit of Vallabh Government College Mandi in which the National Service Scheme Unit administered oath to the students on gender based discrimination in the college campus and this program lasted for two days and in this program they were made aware about gender based discrimination in which all the students were informed that no person will discriminate against any person on the basis of gender and will treat all persons equally and will fight for their rights.





### MY BHARAT OUTREACH PROGRAM

Date: 13/11/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 80

No. of teachers participated: 02

A meeting was organized with all the volunteers by the National Service Scheme unit of Government College Mandi. Program Officer Professor Surajmani and Program Officer Dr. Deepali Ashok were present in this meeting. They registered all the volunteers on the My Bharat Portal. And informed about the activities coming in the present time and motivated the volunteers to always remain aware. And in this meeting, the volunteers were motivated by the program officer to always show their participation in social work. And finally this meeting was concluded by the chairman.









# COLLEGE CLEANNESS DRIVE DAY-1

**Date:** 20/11/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

The Tapti group of the National Service Scheme (NSS) of Government College contributed to a 10-day cleanliness drive. During the 10-day period, the Tapti group was allotted the Science block, which the volunteers thoroughly cleaned with dedication. They removed unwanted grass and cleaned the surroundings of the Science block. The volunteers took group photos and submitted a report after completing their task



CLEANING AT SCIENCE BLOCK

### COLLEGE CLEANNESS DRIVE DAY-2

**Date:** 21/11/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

The Mahanadi group of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted the Library portion, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making the library a better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.





# COLLEGE CLEANNESS DRIVE DAY-3

**Date**: 22/11/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

The group-3 of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted the Main Gate to New Girls Hostel portion, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making a Place better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.





**Date:** 23/11/2024

Venue: Vallabh Govt. College Mandi

No. of student participated: 20

No. of teachers participated: 02

The group-4 of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted the **b**ustand to NCC Ground, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making a place better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.



**Date:** 24/11/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

The group-5 of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted the College Gate to NCC Ground, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making a Place better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.



**Date:** 25/11/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

The group-6 of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted to Academic Block to Sardar Patel's Statue, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making a Place better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.



**Date:** 26/11/2024

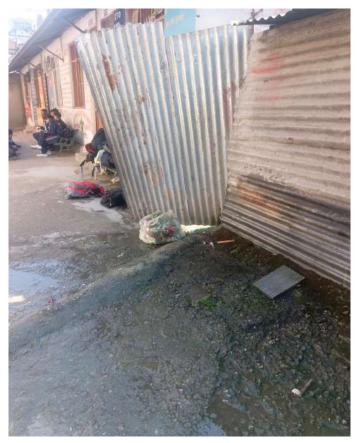
Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

The group-7 of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted to NSS Office area, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making a Place better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.





**Date**: *27/11/2024* 

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

The group-8 of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted to NSS Garden Area, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making a Place better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.



**Date:** 28/11/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 20

No. of teachers participated: 02

The group-9 of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted to Canteen area, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making a Place better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.





**Date:** 29/11/2024

Venue: Vallabh Govt. College Mandi

No. Of Student participated: 20

No. of teachers participated: 02

The group-10 of the National Service Scheme (NSS) of Government College actively participated in a 10-day cleanliness drive, demonstrating their commitment to community service. The group was allotted to BBA building area, which they thoroughly cleaned with dedication and enthusiasm. They removed unwanted clutter, dust, and cleaned the surroundings, making a Place better and more conducive place for students to study. The volunteers took group photos and submitted a report after completing their task, showcasing their teamwork and dedication.





#### **HEALING MOTHER SUKETI 2.0**

**Date:** 03/12/2024

Venue: Vallabh Govt. College Mandi

No. of student participated: 120

No. of teachers participated: 02

On date 03.12.2024 through National Service Scheme Mandi, The mother healing Suketi 2.0 mission was started. Through National Service Scheme, this mission was run from Panchvaktra Temple to Rani Bai. In this mission, the volunteers contributed enthusiastically and inspired people to be aware of nature. Programme officer Prof. Surajmani ji and Dr. Deepali Ashok ji were present in this. They encouraged the children and inspired them towards cleanliness and all the volunteers cleaned the Sukheti Khad and completed the mission successfully.





#### **MISSION MOTHER**

Date: 11/11/2024-05/12/2024

Venue: Vallabh Govt. College Mandi

No. of students participated: 32

No. of teachers part: 02

Volunteers of National Service Scheme Vallabh Govt. College Mandi started a campaign which was named "Mission Mother". Which lasted from 12/11/2024 to 05/12/2024? 32 volunteers of National Service Scheme participated in this campaign and a total of 20 sessions were conducted. Under this, volunteers visited various schools and settlements and made women and girls aware of the diseases that occur during the menstrual cycle and menstrual cycle. Apart from this, volunteers went there and distributed sanitary pads to slum women and to school girls.















AWARENESS PROGRAM AT SLUM AREA MANDI





**Venue:** NIT (Hamirpur)-Hyderabad (Telangana)

#### No. of student participated: 01

Mr.Lucky Chauhan president of NSS unit Vallabh Government College Mandi participated in Yuva Sangam a national youth exchange programme organised by National Institute of Technology (NIT Hamirpur) in collaboration with Manuu (Maulana Aazad national Urdu University Hyderabad) under the leadership of Ministry of education at Hyderabad, Telangana from 28th December 2024 to 5th January 2025.He proudle represented Himachal pradesh, NSS Unit VGC Mandi and VGC Mandi at national level. There he experienced 5P's of this programme. Prayatan, prodyogik, parampara, paraspar sampark and pragati. He went to visit Charminar, Salar Jung Museum, Golconda fort, Birla Temple, Statue of equality, Ramoji Film City, Gopichand Badminton academy, Gachibowli football stadium and Gachibowli indoor stadium for various games, Rajbhavan Hyderabad and also visited Technology Hub. He talked with Honourable governor of Telangana Sh. Sh Jishnu Dev Varma ji and shared his experience of yuva sangam programme and told many things about Himachal Pradesh.



#### MEETING WITH GOVERNOR OF TELANGANA SH. SH. JISHNU DEV VARMA JI



Venue: Govt. Women College Gandhi Nagar

#### No. of student participated: 01

Chandrakala, a volunteer of national service Scheme unit of government College Mandi, participated in the National integration Camp at Government Women College Gandhi Nagar on 2-01-2025. In the National Integration Camp, the Volunteer recognized the unbroken culture of India along with the people from different regions of India. National Integration camp ended on 9-01-2025. The volunteer had a very good experience at this camp.





#### NATIONAL INTEGRATION CAMP 2025

Date: 04/02/2025-12/02/2025

**Venue:** Chandigarh University

No. of students participated: 01

Volunteer Lekh Raj of National service Scheme of Government College Mandi, while addressing the NSS Unit Mandi at Chandigarh University, participated in the National Integration Camp and recognized the true meaning of the National Integration Camp and the volunteer also met Regional Directorate Chandigarh Shri. Jai Bhagwan. Jai Bhagwan ji encouraged the volunteer to always move forward in his life and youths from 11 states of India participated in this series. In the National Integration Camp, all the youths took a pledge that they will give their full contribution in making India strong and volunteer Lekh Raj gave a strong performance in this camp.





#### DAY-1

**Date:** 11/02/2025

Venue: Vallabh Govt. College Mandi

No. of students participated: 85

The National Service Scheme unit organized an evening camp at Vallabh Government College Mandi on 11.02.2025. On the first day, all the volunteers gathered near the NCC ground of the college at 8:45 am and started the seven-day camp by singing the NSS Lakshya Geet. From 10:00 am, the volunteers started cleaning the campus of the college. All the volunteers cleaned the garbage spread around the college. Then all the volunteers had lunch and gathered in the conference hall. Then the resource person explained to all the volunteers about their responsibility towards the society and with this the first day has ended.





## DAY-2

**Date:** 12/02/2025

Venue: Vallabh Govt. College Mandi

No. of student participated: 85

The National Service Scheme Unit in Government College Mandi started the second day of the seven-day camp by Lakhya Geet. Then all the volunteers were gathered in the examination hall and sister Madhu, who came from the Brahma Kumari institution, told them about self-introspection and made them aware of the importance of Yoga. They motivated the youth not to be stressed. Then all the volunteers of the college courtyard after cleaning the space, all the volunteers took lunch and gathered again in the examination hall. Then the resource person conducted an education session. Through this, he learned and guided the children with their thoughts and finally the right children's attendance was taken. Then the second day was concluded.





#### DAY-3

**Date:** 13/02/2025

Venue: Vallabh Govt. College Mandi

No. of Student participated: 85

The National Service Scheme Unit in Government College Mandi started the third day of the seven-day camp by winning the target. Then all the volunteers were gathered in the examination hall and Sister Madhu and Sister Deepa, who came from the Brahma Kumari institution, told them about types of understanding stress and tips of resilience, made them aware of the importance of mediation. They motivated the youth not to be stressed. A rally was taken out from the bus stand to the entire city to create awareness about the dangers of drug abuse. All the volunteers of the college courtyard after cleaning the space, all the volunteers took lunch and gathered again in the examination hall. Then the resource person conducted an education session. Through this, he learned and guided the children with their thoughts and finally the right children's attendance was taken. Then the third day was concluded.





#### DAY-4

**Date:** 14/02/2025

Venue: Vallabh Govt. College Mandi

No. of students participated: 85

In the fourth day of the seven-day camp by the National Service Scheme, Vallabh Government College Mandi, all the volunteers started the day by winning the goal. Then all the volunteers reached the Examination Hall to meditate. After attaining mother's peace, all the volunteers gathered in the NCC ground, where they were informed about the disaster by the Disaster Management team and informed them about the avoidance of disaster. It was told about how to treat those who were injured in the disaster. Then all the volunteers had lunch and had lunch. After all the volunteers gathered in the examination hall, then on the first aid, they were informed by Amarnath Singh that when a person got injured, they were told about how to give them first aid. After that, resource person Banita Saklani arrived among the volunteers, who told the children about the leadership and then the day camp with the National Service Scheme. The end of the fourth day of seven days camp concluded.









#### DAY-5

**Date:** 15/02/2025

Venue: Vallabh Govt. College Mandi

No. of students participated: 85

The National Service Scheme Planning Unit in Government College Mandi started the fifth day of the seven-day camp by winning the target. Then all the volunteers were gathered in the examination hall and a group of volunteers shared information about the My Bharat portal in girl's school. Other volunteers provided information about Digital literacy. Along with this, a free help checkup camp was also set up in the examination hall, where dental checkup, general checkup, and blood sugar tests were conducted, and a maximum number of people participate. All the volunteers of the college courtyard after cleaning the space, all the volunteers took lunch and gathered again in the examination hall. Then the resource person conducted an education session. Finally the volunteer attendance was taken. Then the fifth day was concluded.











#### DAY-6

Date: 16/02/2025

Venue: Vallabh Govt. College Mandi

No. of students participated: 85

The National Service Scheme Planning Unit in Government College Mandi started the sixth day of the seven-day camp by winning the target. The doctors Rama james from Brahma Kumaris made us meditate, and afterwards, the volunteers cleaned the area around the kangani Mata temple. Following this, Sister Sheela from Brahma Kumaris spoke to the volunteers about spirituality and then shared insights on communication skills. Finally, Professor Surajmani Sir and Deepali Ashok Madam congratulated the volunteers. Finally volunteers attendance was taken. Then the sixth day was concluded.





#### DAY-7

**Date:** 17/02/2025

Venue: Vallabh Govt. College Mandi

No. of students participated: 85

17-2-2025 was the last day of the seven-day camp of National Service Scheme Planning Unit of Government College Mandi. Deputy Commissioner Collector Mandi Apoorv Devgan visited as the chief guest. On the last day of the camp, Dr. Deepali Ashok told the 7-day account of the entire seven-day camp in front of DC sir and also informed DC Sir about the work done by the volunteers. Sir motivated the volunteers to do similar work towards society and in the end the volunteers who had excelled in the camp were awarded and at the same time the camp was concluded.









#### **ANNUAL PRIZE DISTRIBUTION FUNCTION**

#### 2025

Date: 22/02/2025

Venue: Vallabh Govt. College Mandi

No. of students participated: 200

Vallabh Government College Mandi celebrated its annual prize distribution ceremony on 22 February 2025. In this, the volunteers of the National Service Scheme unit were honored for their strong performance. In total, 14 volunteers received awards and were honored for their success. And all the volunteers gave the credit of their success to Dr. Surajmani Thakur and Dr. Deepali Ashok, who gave such good training to the volunteers.









# AWARDS AND ACHIEVEMENTS

| Sr. No | Name of Volunteers | Achievement                      |
|--------|--------------------|----------------------------------|
| 1.     | Lucky Chauhan      | Yuva Sangam Program 2025         |
| 2.     | Chanderkala        | NIC camp at Jammu 2025           |
| 3.     | Lekh Raj           | NIC at Chandigarh University     |
| 4.     | Anjali             | NIC at Central University Kerala |
| 5.     | Muskan             | Pre-RD Camp 2024                 |
| 6.     | Jitender Thakur    | Best Male volunteer 24-25        |
| 7.     | Abhishek Raja      | Best Male volunteer 24-25        |
| 8.     | Savitri devi       | Best Female volunteer 24-25      |
| 9.     | Preeti Chauhan     | Best Female volunteer 24-25      |
| 10.    | Paras Thakur       | Best Group Leader 24-25          |
| 11.    | Reena              | Best Group Leader 24-25          |
| 12.    | Lucky Chauhan      | Blood donor of the year 24-25    |
| 13.    | Khem Raj           | Blood donor of the year 24-25    |
| 14.    | Urvashi            | Blood donor of the year 24-25    |

# NSS FAREWELL PARTY 2025

**Date:** 22/02/2025

Venue: Hotel Deep Palace Mandi

No. of students participated: 60

NSS unit Vallabh Government College Mandi organized a farewell party for 3rd year volunteers on 24th of February 2025. Programme officers Dr. Deepali Ashok ji and Prof. Surajmani ji addressed the volunteers and congratulated them for completing 3 years of nss volunteer ship. Everybody had a lot of fun. Senior volunteers played a lot of games. This farewell party was full of dance, fun and enjoyment. Volunteers were emotional also as they are leaving the college this year. Junior volunteers felicitated senior volunteers by giving them special gifts.



#### **FESTIVAL**

#### VEHICLE TRAFFIC MANAGEMENT

**Date:** 26/02/2025-05/03/2025

**Location:** Mandi

No. of students participated: 40

Shivratri is a sacred festival of Mandi district. It is celebrated every year with joy and gaiety. The International Shivratri Fair held in Mandi district was celebrated with enthusiasm like every year. NSS volunteers of NSS unit Vallabh Government College Mandi assisted the police department in traffic management. 40 volunteers participated in it. They were deployed at various places in Mandi for 1 week and controlled the traffic. SP Mandi respected Sakshi Verma ji appreciate the efforts of volunteers.





Date: 26/02/2025

Location: Mandi

No. of students participated: 40

Shivratri is a sacred festival of Mandi district. It is celebrated every year with joy and gaiety. The International Shivratri Fair held in Mandi district was celebrated with enthusiasm like every year. NSS volunteers of NSS unit Vallabh Government College Mandi assisted the administration in refreshment service during Vyas aarti. 15 volunteers took active participation in it. Volunteers distributed Prashad to everyone. DC Mandi Sh. Apoorv Devgan ji appreciated our volunteers for their selfless service



ON-GROUND CLEANING

## AT DEVTA STAY POINTS

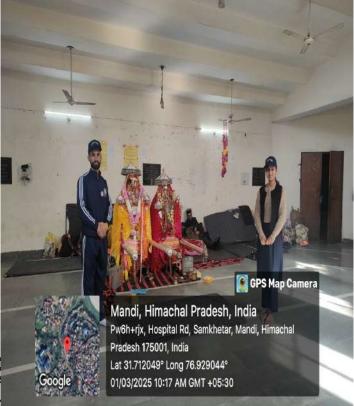
Date: 26/02/2025-05/03/2025

**Venue:** Mandi

No. of students participated: 30

During the Shivratri fair, the volunteers visited the residences of all the deities in Mandi and made everyone aware about cleanliness and helped people in keeping the residences of the deities clean. This noble work done by the volunteers of NSS unit Vallabh Government College Mandi was appreciated by the administration. 30 volunteers participated in this noble work. They were deployed at various Devta stay points for 1 week where they gave their selfless services.





WITH FUKEIGN DELEGATES

Date: 02/03/2025

Venue: Mandi

#### No. of students participated: 30

For the first time during Mandi Shivratri Festival 2025, an international level procession was taken out in which troops from 11 different countries and different districts of Himachal participated. All the groups were represented in this procession by the volunteers of NSS unit Vallabh Government College Mandi. All the volunteers had guided the groups, held their Placard and represented them during the procession. All the volunteers were appreciated by the administration for their services.





| 2 | Prof. Surajmani sir | 07/09/2024 | 13th |
|---|---------------------|------------|------|
| 3 | Lucky Chauhan       | 07/09/2024 | 6th  |
| 4 | Khemraj             | 07/09/2024 | 2nd  |
| 5 | Manish Kumar        | 07/09/2024 | 1st  |
| 6 | Khemraj             | 10/12/2024 | 3rd  |
| 7 | Lucky Chauhan       | 05/02/2025 | 7th  |
| 8 | Prof. Surajmani Sir | 08/02/2025 | 14th |

Atul Rana: 02/09/2024



**Lucky Chauhan: 07/09/2024** 



Kiiciii aj. 07/07/2024



Manish Kumar: 07/09/2024



Khemraj: 10/12/2024



**Lucky Chauhan: 05/02/2025** 



Prof. Surajmani Sir: 08/02/2025



THIS YEAR HAS BEEN MARKED BY NUMEROUS IMPACTFUL INITIATIVES, INCLUDING HEALTH AWARENESS CAMPAIGNS, ENVIRONMENTAL CONSERVATION DRIVES, LITERACY PROGRAMS, AND SUPPORT FOR VULNERABLE SECTIONS OF SOCIETY. EACH ACTIVITY HAS CONTRIBUTED SIGNIFICANTLY TO FOSTERING SOCIAL RESPONSIBILITY, LEADERSHIP, AND A SENSE OF SERVICE AMONG OUR VOLUNTEERS.

THE SUCCESS OF THESE INITIATIVES REFLECTS THE COLLECTIVE EFFORT OF OUR DEDICATED VOLUNTEERS, FACULTY ADVISORS, AND COMMUNITY PARTNERS. THEIR UNWAVERING ENTHUSIASM AND TEAMWORK HAVE BEEN INSTRUMENTAL IN TRANSFORMING OUR VISION INTO MEANINGFUL ACTION.

#### **Thank You**

जय हिंद