



# VALLABH ROVERS AND RANGERS GROUP MANDI

Group Leader – Dr. Sanjeev Kumar

Rover Scout Leader – Dr. Shivendra Sangar

Ranger Leader – Dr. Bandna Chauhan

#### National Level Advocacy Workshop on SDG's

Two Rangers from Vallabh Government College Mandi were selected for National Level Advocacy Workshop on SDG's for Rovers and Rangers and Young Leader. Ranger Isha and Soumya actively participated in this camp. This camp was held at The Bharat Scouts and Guides, Dr. Annie Besant Training & Camping Centre, Doddaballapur, Karnataka, from 28/02/2024 to 03/03/2024.

#### **Scout Scarf Day and Sunrise Day**

On 01-08-2023, Scout Scarf Day and Scout Sunrise Day was organized by local unit of Rovers and Rangers at Vallabh Government College Mandi. In this program Group Leader Principal Dr. Ravinder Kumar (Officiating) was the chief guest. During the program, a skit was presented by the Rovers and Rangers, providing information on primary treatment to an injured person and how to use the scarf in a situation of disaster. There was also a display of exhibition of scarf by the Rovers and Rangers. Following this, a detailed explanation of scouting was provided, and other students were also made aware of it.

After that, a report of all the programs conducted in the session 2023-2024 was presented through PPT. Vice principal highlighted the scarf's potential benefits, encouraging Rovers and Rangers to stay connected with scouting. Rover Scout Leader Dr. Shivendra Sangar and Ranger Leader Dr. Bandna Chauhan, along with 24 Rover-Rangers and 55 students attended the programme.

# Earning Ambulance man Badge (Proficiency Badge for Rajya Puraskar)

Ranger Isha and Harshita and Rover Adarsh, successfully earned their Ambulance Man Badge after undergoing 15-day first aid training at the Zonal Hospital in Mandi from 1 august 2023 to 19 august 2024.

#### Rajya Puraskar Testing Camp

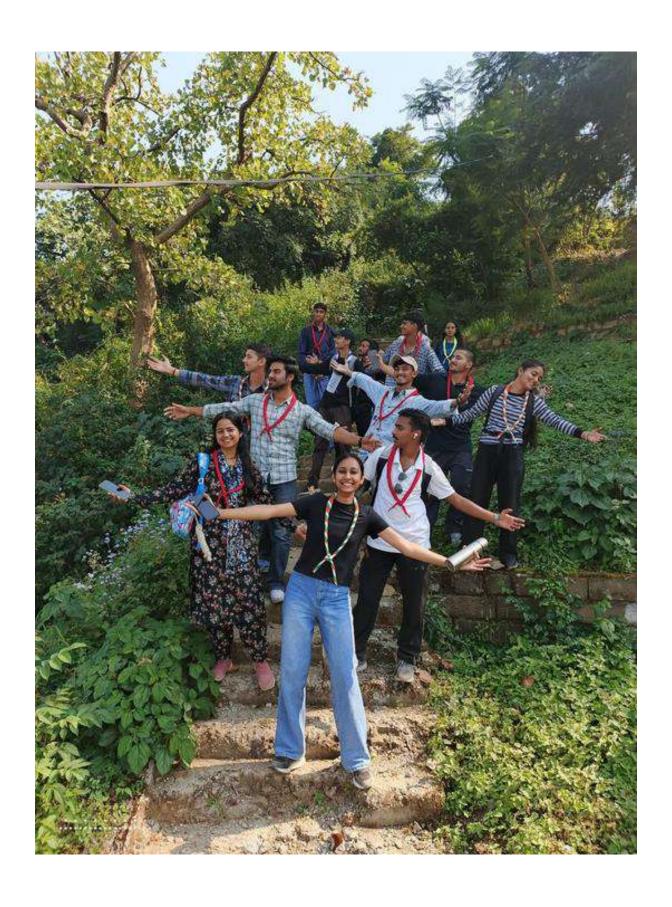
Two rangers Harshita and Isha and one rover Aadarsh participated in Rajya Puraskar testing Camp 2024 held at State Training Centre, Rewalsar in the month of September. These rovers and rangers were selected for Rajya Puruskar.



#### **One Day Trekking Camp**

The Vallabh Government College, Mandi, Rovers and Rangers Group successfully organized a one-day trekking event on 18 October, 2024 under the guidance and approval of Group Leader Dr. Surina Sharma, Rover Leader Dr. Shivendra Sangar, and Ranger Leader Dr. Bandana Chauhan. The trekking was conducted as per APRO-2 and APRO-3 guidelines.

A total of 12 Rovers and 7 Rangers enthusiastically participated in the trek from Mandi to Kangni Mata Temple. All participants assembled at 10:00 AM and were divided into three teams. The first team led the way, guiding the second team. The second team followed, guiding the third team. Along the route, participants marked various trail signs, which helped the following teams navigate toward the destination. Throughout the trek, the teams were engaged in various activities, enhancing their teamwork and navigation skills. Finally, after reaching the destination and completing the planned activities, all teams returned to the college, successfully concluding the one-day trekking event.



Nipun Testing Camp for Rangers at STC Rewalsar

From Vallabh Government College Mandi, six Rangers participated for Nipun Testing Camp 2024 at State Training Centre, Rewalsar from 23 to 27 October, 2024. All Rangers worked hard for their testing camp, diligently preparing for Nipun testing camp.



#### Rovers Nipun and Rajya Puraskar Testing Camp

From Vallabh Government College Mandi, six Rovers participated for Nipun Testing Camp 2024 at State Training Centre, Rewalsar from 25-30 September, 2024. All Rovers worked hard in their testing camp.



#### Participated in scout guide week 2024

Celebration of the 75th Anniversary of Bharat Scouts and Guides & Scout Guide Week 2024

The 75th anniversary celebrations of the Bharat Scouts and Guides commenced on 7th November 2024, marking the beginning of Scout Guide Week 2024 with great enthusiasm.

Day 2: 'Membership Drive Day'

On the second day of the celebration, the theme 'Membership Drive Day' was observed. Ranger Nilaxi (BSG UID - BSG515768422) successfully completed the Day 2 activity by introducing 10 new friends and family members to the inspiring world of scouting and guiding, contributing to the growth of the movement.

#### Day 3: 'Health and Wellness Day'

The third day of Scout Guide Week was dedicated to 'Health and Wellness Day', celebrated with various engaging activities. Vallabh Rovers and Rangers Group, Mandi, organized multiple physical and digital initiatives to promote health awareness, including:

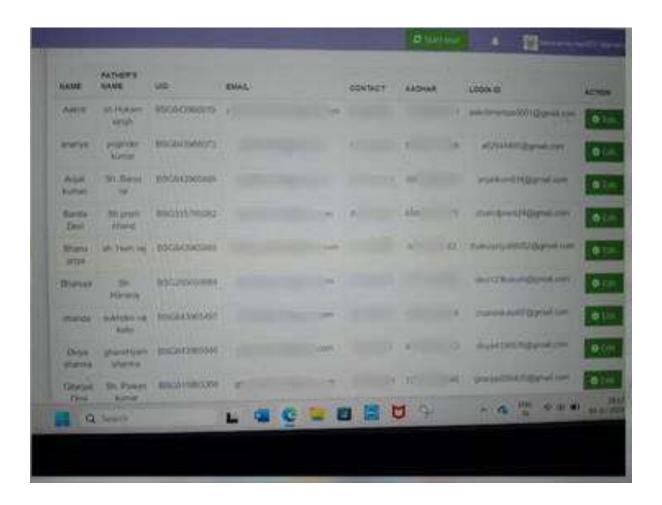
BP 6 Exercises to encourage physical fitness.

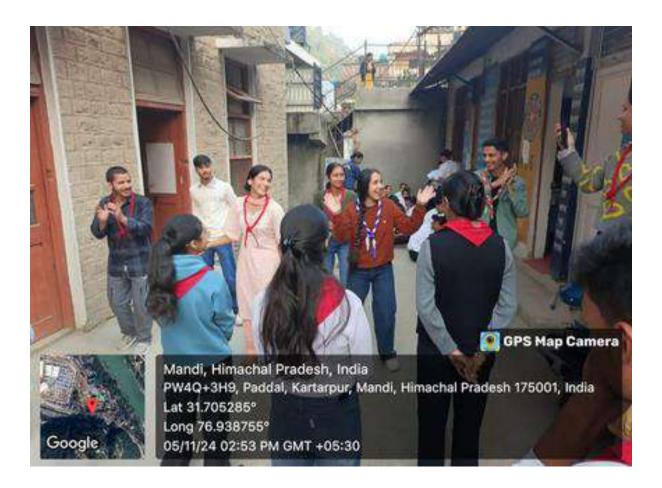
A social media campaign to spread awareness about health and wellness.

A guest lecture on mental health awareness was given by Ranger Leader Dr. Bandana Chauhan.

The activities were successfully completed under the guidance of Group Leader Dr. Surina Sharma, Rover Leader Dr. Shivendra Sagar, and Ranger Leader Dr. Bandana Chauhan.

These events reinforced the importance of expanding the scouting community and promoting physical and mental well-being, making the 75th-anniversary celebration truly impactful.





#### **Pravesh Testing Camp**

30th Nov 2023

Pravesh Testing Camp was organised under the guidance of Group Leader Dr. Surina Sharma, Rover Scout Leader Dr. Shivendra sangar and Ranger Leader Dr. Bandna Chauchan. 34 Rovers and Rangers aspirants were present. First Rovers and Rangers aspirants were divided into patrols and detailed explanation of patrol system was given to them. Then, entrance test was conducted for the aspirants. Aspirants were preparing for this for about 3 months, then STA was taken by the seniors

in which Scouting Prayer, law, Flag song, pledge and National anthem were listened from the aspirants.





### **Investiture Ceremony**

The Investiture of Rovers and Rangers at Vallabh Government College Mandi was done on 7th November 2024. This event took place under the guidance of Group Leader Dr. Surina Sharma, Rover Leader Dr. Shivendra Sangar and Ranger Leader Dr. Bandna Chauhan. Ceremony began with a flag ceremony, followed by the honoring of aspirants as official member of the organization by group leader. Aspirants were presented with the Pravesh Badge and Scout scarf, symbolizing their membership.



#### 75th Foundation Day

It is noteworthy that on November 7, 2024, under the guidance of Group Leader (Principal) Dr. Surina Sharma and Ranger Leader Dr. Bandana Chauhan, the Rovers and Rangers unit of VGC Mandi, joyfully celebrated the 75th Foundation Day of Bharat Scouts and Guides along with the initiation ceremony.

The event commenced with a flag ceremony, followed by the initiation ceremony for the new session's Rovers and Rangers, led by Ranger Leader Dr. Vandana Chauhan. During this

ceremony, 23 new Rovers and Rangers took an oath to fulfill their duty to God and their country to the best of their ability, help others, and abide by the Scout rules.

Addressing the Rovers and Rangers, Group leader expressed her confidence that they would always remain faithful to their oath and adhere to the Scout rules.

Following this, the Rovers and Rangers organized a program featuring various performances, including the MOP (Messenger of Peace) dance, Nati (a traditional Himachali dance), and demonstrations on the use of scarves.

In conclusion, the chief guest, Dr. Surina Sharma, congratulated the Rovers and Rangers on their 75th anniversary, boosting their morale and encouraging them to continue progressing with dedication and enthusiasm.



# **State Level Pre RDC Selection Camp 2024**

From Vallabh Government College Mandi, twelve Rovers and Rangers participated in the state-level Pre-RDC selection camp held at Rewalsar from November 23 to November 28, 2023. Four Rangers were selected for the RDC camp in 2024.



#### State R.D.C. Shimla

Like every year, this year too, the Bharat Scouts and Guides Pre-RDC camp for Rovers and Rangers was organized in November 2024 at the State Training Institute, Rewalsar (Mandi).

Twelve Rovers and Rangers from Vallabh College, Mandi, participated in this camp, out of which nine Rovers and Rangers were selected for the Republic Day preparation camp held between January 20 to 26, 2025, at Government Degree College, Kotsehara, District Shimla.

Among the finally selected Rovers were Sahil, Chitesh, Ankush, and Khuvendra, while the selected Rangers were Geetanjali, Harshita, Aakriti, Latasha, and Vidushi. They participated in the Republic Day State Parade in Shimla on January 26, 2025.

The Rover Leader of Vallabh Rovers and Rangers Group, Mandi, Dr. Shivendra Sangar, the Rangers Leader, Dr. Bandana Chauhan, and the Group Leader (Principal), Dr. Surina Sharma, congratulated the Rovers and Rangers on this achievement. They extended their best wishes, encouraging them to move forward with strong determination, new enthusiasm, positivity, and awareness, wishing them a bright future.



# Gandhi jayanti

The Scout and Guide unit's community service extends to celebrating Gandhi Jayanti as well. They participate in events honoring Mahatma Gandhi's legacy, promoting values like peace, non-violence, and social responsibility.

#### Their contributions include:

- Organizing cleanliness drives or environmental initiatives
- Conducting workshops or talks on Gandhian values
- Participating in processions or rallies
- Engaging in community service projects

By participating in such events, the Scouts and Guides demonstrate their commitment to Gandhi's ideals and their role in shaping a better society

The Scout and Guide unit participated in Gandhi Jayanti celebrations, engaging children in activities that promote:

- Values of truth and non-violence
- Environmental awareness
- Community service
- Creative expression through art, crafts, or storytelling

These activities help instill Gandhi's ideals in young minds, shaping responsible and compassionate individuals.

#### Women's day celebration

The Scout and Guide unit actively participated in the Women's Day celebration, contributing to its success in various ways. They:

- Organized a painting competition to promote creative expression on women's empowerment
- Delivered inspiring speeches on gender equality and women's rights
- Assisted with event arrangements, including decoration and serving refreshments

Through their involvement, the Scouts and Guides demonstrated their commitment to community service and social responsibility, making a positive impact at the end.

#### Road safety



The Scout and Guide unit participated in drug addiction awareness campaigns, organizing rallies, workshops, and awareness drives to educate peers about the risks of substance abuse and promote a healthy lifestyle.

The Scout and Guide unit actively participated in road safety campaigns, promoting awareness about traffic rules and safe driving practices. Their efforts included:

- Organizing awareness drives and rallies
- Creating posters and banners to highlight road safety rules
- Conducting workshops and skits to educate peers about safe driving practices

Their creative and informative efforts earned them prizes, recognizing their contributions to promoting road safety awareness.