

Hosted and Participated in Red Run Marathon on 17th August 2024 under Youth Fest 2023-24 organised by Himachal Pradesh AIDS Control Society. In boys category all the positions were grabbed by VGC, Rohit S/o Sh. Munshi BA 2nd year stood 1st, Rahul S/o Sh. Krishan BA IIInd stood 2nd and Shashi Thakur BA IIInd stood 3rd. In Girls Category two positions were taken by VGC, Mansi D/o Sh. Dhandev BA IIInd stood 1st, and Lalita BA 3rd year stood 2nd.

Link for Red Ribbon:

https://www.vgcmandi.co.in/Red_ribbon_club.aspx

<https://www.vgcmandi.co.in/gallerydetail.aspx?catg=Red%20Run%20Marathon%202024%5B2024-25%5D>



ESTD. 1948

A Report

HPU INTER COLLEGE WUSHU (MEN & WOMEN) CHAMPIONSHIP 2024-2025



ORGANISED BY:

VALLABH GOVT. COLLEGE MANDI (H.P.)

**A REPORT ON HPU INTER-COLLEGE WUSHU (MEN & WOMEN)
CHAMPIONSHIP 2024-25**

The HPU Inter-College Wushu (Men and Women) Championship 2024-25 was held at Vallabh Government College Mandi w.e.f. 17th December to 19th December 2024. The championship brought together 127 students from 18 different colleges of Himachal Pradesh. 17 teams comprising of 75 boys competed in the men's section and 10 teams comprising of 52 girls competed in the women's section of the championship. The championship was not only about the celebration of this ancient martial art, but it was also about valuing the competitive spirit and dedication of the players. The Opening Ceremony of the Championship was held on 17th December 2024 in the college hall. The Chief Guest of the occasion, Prof. Surina Sharma, Principal, Vallabh Government College, Mandi arrived at 10:30 a.m. and was greeted warmly by the Convener, the Organising Secretary, the staff members and students of the college. The special guests on the occasion were Dr. Virender, University Observer; Sh. P.N. Azad, Secretary General, Himachal Pradesh Wushu Association and Dr. Lokesh Sharma, Head of the Department of Physical Education, MLSM College Sundernagar and also a member of Himachal Pradesh University Sports and Co-curricular Executive Council. The other guests present included technical officials, team managers, coaches and members of the press. The lighting of the lamp ceremony marked the beginning of the programme. Dr Ravinder Kumar, the Convener of the Championship and Dr. Sunil Sen, the Organising Secretary, honoured the Chief Guest in the traditional Himachali way of donning with a pahari cap and shawl and also by presenting a memento of Himachali art.

Dr. Ravinder Kumar delivered the welcome address and advised the players to keep alive, the spirit of the game. In her address the Chief Guest, Prof. Surina Sharma, blessed the players and stressed the importance of experiencing the joy of the competition, learning of lessons and leaving with a feeling of pride and accomplishment. This was followed by the felicitation of the special guests Dr. Virender, Sh. P.N. Azad and Dr. Lokesh Sharma. Thereafter, the Chief Guest declared the "HPU Inter-College Wushu (Men and Women) Championship 2024-25 open". To mark the commencement of the championship the technical officials filed by in a ceremonial March-Past and took their positions around the arena. The students from Wushu Excellency Centre, Kansa Chowk, Mandi gave a demonstration of 'taolu', one of the two forms of Wushu. With swift movements involving predetermined techniques the players displayed the equipment used in this martial art. The

opening ceremony concluded with a vote of thanks by Dr Tara Sen, the game President of Wushu (women) team of VGC Mandi. The first bout of the championship was held between the players of GC Ghumarwin and GC Banjaar. The Chief Guest along with all other distinguished guests and support staff walked the arena for formal introductions with the technical officials and the players of the first bout, where after, the competitions began.

The HPU Inter-College Wushu Championship (Men and Women) 2024-2025 entered its second day with the honouring of Sh. Khushahal Verma, Superintendent, VGC Mandi as the guest of honour at 10:20 am. Following the felicitation, Sh. Khushahal Verma accompanied by Dr. Sunil Sen, the organising secretary, entered the arena for a formal introduction with the players. The first bout on the second day of Wushu Championship was held between VGC Mandi and G. C. Sanjauli. With this contest the competitions of the second day began. Other guests of honour for the second day were: Professor Ram Singh Attal, Dr. Chetan Singh Rana, Professor Joginder Pal Jaswal, Professor Hem Raj Rana, Professor Banita Saklani, (President HGCTA, Vice President AIFUCTO), Sh. Gurdeep Singh (President Gurudwara Management Committee), Sh. Gurucharan Singh (Vice President Gurudwara Management Committee), Sh. Nirmal Singh (Secretary Gurudwara Management Committee), Sh. Khem Singh (Joint Secretary, State Wushu Association), Sh. Puran Chand Thakur (Treasurer H.P. Wushu Association). Rosettes and mementos were conferred upon all of them as a testament of their excellence. There were total 103 contests during the championship. 53 competitions were held during the first day and 44 matches were performed during the second day and 6 contests were kept for the third day of the Wushu Championship.

The results of the competitions of the second day in women's category are as follows :

In the weight category below 45 KG- Bronze medals were won by Bandu Bala from GC Baldwara and Anjali Thakur from G C Kullu.

In the weight category below 48 KG- Gold medal was won by Jyoti from MLSM College Sunder Nagar. Silver medal was earned by Anita Gautam from GC Rampur. Bronze medals were secured by Vandhna Thakur from GC Kullu and Arti G C Sanjauli.

In the weight category below 52 KG – Gold medal was won by Anchal Suryavanshi from GC Sanjauli. Deepika Thakur from VGC Mandi begged the silver medal. Bronze medals were earned by Yamini Sharma G C Solan and Tanuja from MLSM Sunder Nagar

In the weight category below 56 KG - Bronze medals were won by Riya Negi from G C Rampur and Riya from GC Solan

In the weight category below 60 KG- Gold medal was earned by Sunita Devi GC Nurpur. Silver medal was secured by Radhika from VGC Mandi. Bronze medals were won by Anu from GC Palampur and Mishal from GC Sanjauli.

In the weight category below 65 KG- Bronze medals were earned by Samiksha Thakur from GC Sanjauli and Nitika from GC Rampur.

In the weight category below 70 KG- Gold medal was won by Sakshi from VGC Mandi. Silver medal was earned by Vanshita from GC Rampur. Bronze medals were earned by Muskan Sharma from MLSM Sunder Nagar and Srijan from GC Sanjauli.

In the weight category below 75 KG- Bronze medals were won by Ritika from MLSM Sunder Nagar and Ankita from GC Sanjauli.

The results of the competitions of the second day in men's category are as follows :

In the weight category below 48 KG- Gold medal was won by Rahul Thakur from VGC Mandi. Silver medal was earned by Ram Kumar from MLSM Sunder Nagar. Bronze medals were won by Moksh Chauhan from GC Sanjauli and Kushak Pal from GC Rampur.

In the weight category below 52 KG- Gold medal was won by Aaryan Sood from GC Sanjauli. Silver medal was earned by Manoj Thakur from GC Banjar. Bronze medals were secured by Paras from VGC Mandi and Karan Soni from GC Kullu.

In the weight category below 56 KG - Gold medal was won by Chand from GC Kullu. Silver medal was earned by Chandan Kumar from VGC Mandi. Bronze medals were won by Vijay Kumar from MLSM Sunder Nagar and Parveen Kumar from GC Banjar.

In the weight category below 60 KG - Gold medal was won by Anil from GC Kullu. Silver medal was earned by Jhabe Ram from GC Banjar. Bronze medals were begged by Yoginder Thakur from VGC Mandi and Gopal Thapa from GC Rampur.

In the weight category below 65 KG - Kartik Sharma from GC Sanjauli begged the gold medal. Silver medal was earned by Ranvijay Singh from PGC Shimla. Bronze medals were won by Rajender Singh from GC Ghumarwin and Mohammed Shammi from VGC Mandi.

In the weight category below 70 KG - Bronze medals were earned by Rohit Kumar from GC Sarkaghat and Rajat Kumar from GC Nurpur.

In the weight category below 75 KG - Aditya Chaudhary from VGC Mandi begged the gold. Silver medal was earned by Aman Dogra from GC Solan. Bronze medals were won by Manmohan Singh from GC Nalagarh and Rohit from GC Kullu.

In the weight category below 80 KG - Gold medal was won by Mohammad Aashim from MLSM Sunder Nagar. Silver medal was earned by Sumit from VGC Mandi. Bronze medals were secured by Avinash from GC Sarkaghat and Rohit from GC Solan.

In the weight category below 85 KG - Gold medal was won by Vishal from VGC Mandi. Silver medal was earned by Jatin Kaundal from GC Palampur. Bronze medals were earned by Kanav Sharma from GC Bhoranj and Devanshu Sharma from Evening Study.

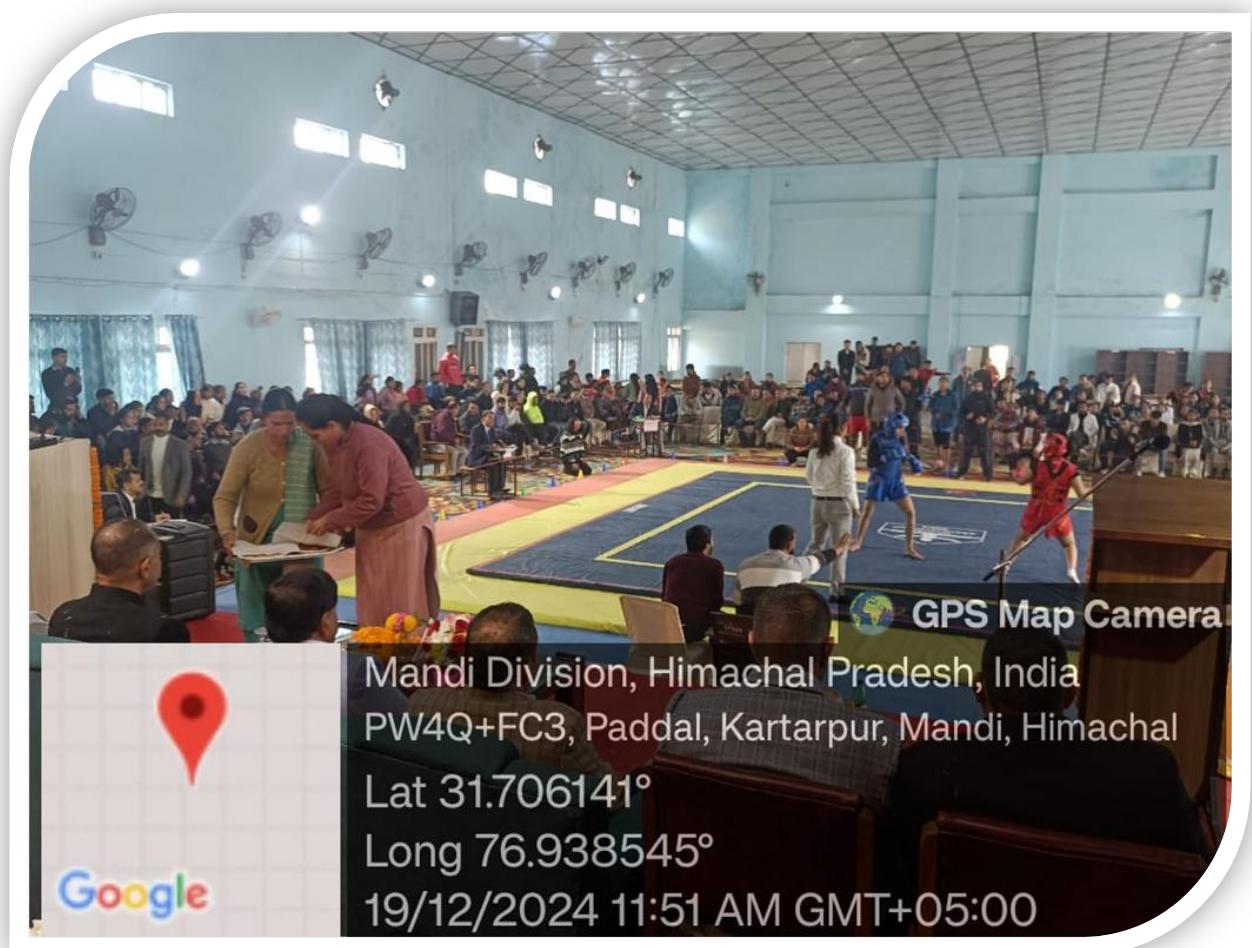
In the weight category below 90 KG - Bronze medal was won by Chander Shekhar from GC Bhoranj.

In the weight category +90 KG - Gold medal was won by Anil from GC Solan. Silver medal was earned by Harsh Thakur from GC Kotshera. Bronze medals were won by Tarun Thakur from VGC Mandi and Gaurav from GC Nalagarh.

The third day of the championship concluded in spectacular fashion with the grand closing ceremony. This event marked the culmination of an intense and exciting three days of competitive Wushu action, bringing together top athletes from across the state. The championship showcased exceptional skill, sportsmanship, and dedication to the ancient martial art of Wushu. The tournament, which ran over three days, saw fierce competition among the best Wushu athletes, both male and female. Participants competed in various categories, showcasing their expertise in the game. The event was held in a vibrant atmosphere, filled with teachers, coaches, technical officials and enthusiastic students who cheered on the competitors. The closing ceremony celebrated the culmination of these efforts and honoured the champions who stood out throughout the competition. Recognition was given to athletes who displayed exceptional technique, strength, and perseverance.

Prof. (Dr.) Sanjay Sharma (Director, Physical Education & Y.P., HPU, Shimla presided over the closing ceremony as the chief guest. He was greeted warmly by worthy Principal, the Convener, the Organising Secretary, the staff members and students of the college. Our chief

guest accompanied by worthy Principal, the Convener, the Organising Secretary and other dignitaries and they entered the arena for a formal introduction with the players. Worthy Principal formally welcomed our chief guest and other dignitaries. WUSHU Association honoured the Chief Guest, in the traditional Himachali way of donning with a pahari cap, muffler and memento. They also honoured the Principal and Dr. Sen. Then Dr. Ravinder Kumar presented the report of the event. The students from Wushu Excellency Centre, Kansa Chowk, Mandi again gave a demonstration of ‘taolu’, one of the two forms of Wushu. The chief guest delivered an inspiring speech emphasizing the importance of traditional martial arts in promoting health, discipline, and unity. Mandyali group dance was also performed on this occasion showing the rich heritage and diversity of Mandi district. This dance was appreciated by one and all present there. The other guests present included technical officials, team managers, coaches and members of the press. On the third day total six matches were played (04 matches in women's and 02 in men's section).



The results of the competitions of the third day in women's category are as follows:

In the weight category below 45 KG - Gold medal was won by Anamika Sharma from Namdhari College, Sunder Nagar and Silver Medal by Nema from VGC Mandi.

In the weight category below 56 KG - Gold medal was won by Poonam, MLSM, Sunder Nagar and Silver medal was won by Shivani from VGC Mandi.

In the weight category below 65 KG - Gold medal was won by Kanika Sharma, VGC Mandi Poonam and Silver medal was won by Rekha, G.C. Palampur.

In the weight category below 75 KG - Gold medal was won by Saniya from VGC Mandi and Silver medal was won by Rani from G.C. Palampur.

The results of the competitions of the third day in men's category are as follows:

In the weight category below 70 KG - Gold medal was won by Narender Kumar from GC Kullu and Silver medal was won by Hamendra Pratap from MLSM Sunder Nagar.

In the weight category below 90 KG - Gold medal was won by Taran Preet Singh from VGC Mandi and Silver medal was won by Kushal Thakur Pratap from G.C. Solan.

The overall winners of the competition are as follows:

Men's section: VGC Mandi 1st; G.C. Kullu 2nd; MLSM Sunder Nagar and G.C. Solan got the 3rd position.

Women's section: VGC Mandi 1st; MLSM Sunder Nagar 2nd; G.C. Sanjauli got the 3rd position.

The ceremony saw the distribution of medals, trophies, and certificates for the top athletes in each category. The winners were recognized for their skill, hard work, and determination, receiving applause from the audience. In his closing remarks, the Chief Guest congratulated all the athletes for their impressive performances and commended the organizers for successfully hosting the event. The ceremony concluded with a sense of pride and accomplishment, as the athletes left the venue, carrying the spirit of the sport and the memories of their achievements. The Wushu Men and Women Championship at Vallabh Government College, Mandi, Himachal Pradesh, was a resounding success. The closing

ceremony marked the end of an exciting event that celebrated athleticism, culture, and the power of sports in uniting people. The event served as a reminder of the importance of martial arts in building strength, discipline, and a sense of community. The championship not only highlighted the remarkable talents of the athletes but also brought attention to the growing interest in Wushu across the region. VGC Mandi won the overall trophy in Men's section in this event by winning 11 medals and also in Women's section by winning 08 medals. It was a proud moment for Vallabh Government College to host this event and win the overall trophy in both men's and women's categories. We look forward to future editions of this prestigious event.



Principal
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Glimpses of the Championship



