



**ESTD. 1948**

***A Report***

**COACHING CAMP FOR HIMACHAL PRADESH  
UNIVERSITY SHIMLA FOOTBALL (MEN) TEAM  
FOR  
NORTH ZONE INTER UNIVERSITY FOOTBALL  
(MEN) CHAMPIONSHIP 2024-25**

**ORGANISED BY:**

**VALLABH GOVT. COLLEGE MANDI (H.P.)**

**Coaching Camp for HPU Football (Men) Team at Vallabh Government College, Mandi**  
*9<sup>th</sup> December 2024 – 12<sup>th</sup> December 2024*

## **A REPORT**

Vallabh Government College, Mandi (Himachal Pradesh), successfully organized a **four-day coaching camp** for the **Himachal Pradesh University, Shimla Football (Men) Team** from **9th to 12th December 2024**. The camp was conducted as a preparatory initiative ahead of the **North Zone Inter-University Football (Men) Championship 2024–25**, scheduled to be held at **GNA University, Phagwara**, from **14th to 21st December 2024**.

The camp brought together **20 selected football players** from various colleges affiliated to Himachal Pradesh University. These athletes, chosen based on their performance and potential, were provided with a high-quality, and structured training experience aimed at enhancing their skills and team cohesion. The main objective of the camp was to improve the players' technical abilities, tactical understanding, physical fitness, and game sense to compete effectively at the inter-university level.

Vallabh Government College, Mandi, took full responsibility for **providing accommodation and modern training facilities** to all participants. The college created a disciplined and focused environment, ensuring that the players could concentrate solely on their training and preparation. The sessions included a mix of **technical drills, tactical formations, fitness training, and match simulations**, aligned with **modern football methodologies** to prepare the team for high-stakes competition.

The team was trained under the expert guidance of **Dr. Gaurav Bhardwaj**, a qualified and experienced football coach. His in-depth knowledge of the sport and commitment to player development played a key role in refining the skills of the team. Assisting in the overall management of the camp was **Dr. Sunil Sen, Assistant Professor of Physical Education**, who served as the **camp coordinator**, ensuring the smooth execution of daily schedules and activities.

Prior to the team's departure for the championship at GNA University, a **send-off ceremony** was organized at the college. During this event, the players had the opportunity to interact with **Prof.**

**Surina Sharma, Principal of Vallabh Government College, Mandi.** She extended her heartfelt blessings to the team, appreciated their dedication, and encouraged them to uphold the values of discipline, confidence, teamwork, and sportsmanship while representing the university at the prestigious platform. She also expressed her pride in the college's role as host of the camp, emphasizing the institution's strong commitment to promoting sports excellence.

Members of the **College Sports Advisory Committee** were also present and engaged in meaningful interactions with the players. Their words of encouragement and best wishes served as a strong motivational boost for the athletes ahead of the competition.

The camp concluded successfully with all **20 footballers** leaving fully trained, motivated, and well-prepared to represent **Himachal Pradesh University** at the **North Zone Inter-University Championship**. The initiative reflects the **unwavering commitment of Vallabh Government College, Mandi in nurturing athletic talent** and contributing meaningfully to the broader mission of sports development within the university system.

Principal  
Vallabh Govt. College  
Distt. Mandi H.P.)



To,

Dated: 04.12.2024

The Principal,  
1. Govt. College, Solan  
2. Govt. College, Khad  
3. Govt. College, Hamirpur  
4. Govt. College, Una  
5. Govt. College, Paonta Sahib  
6. DAV College, Kangra  
7. Govt. College, Seema, Rohru  
8. Vallabh Govt. College, Mandi  
9. Govt. College, Chamba  
10. Govt. College, Kullu  
11. Govt. College, Dharamshala  
12. Govt. College, Nadaun

Subject: **Coaching Camp for North Zone Inter-University Football (Men) Championship, 2024-25.**

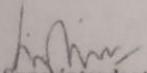
Sir Madam,

The following players of your college has/have been selected to attend a coaching camp for the Football (Men) team scheduled to be held at **Vallabh Govt. College, Mandi, Distt. Mandi** w.e.f. 09.12.2024 to 12.12.2024. You are therefore requested to kindly direct the following players of your college to report for coaching camp on 08.12.2024 at above mentioned venue alongwith Matric, Plus Two, BA-III certificate (in case of PG students), Aadhar card and latest two photographs. After the coaching camp, the Football (Men) team will participate in North Zone Inter University Football (Men) championship to be held at **GNA University, Phagwara** w.e.f. 14.12.2024 to 21.12.2024. Stay arrangement will be at **Vallabh Govt. College, Mandi, Distt. Mandi**.

For any inquiry, contact to **Dr. Gaurav**, Coach/Asstt. Professor, Football (Men) on Mobile No: 9817150080.

Sr. No.	Student Name	Father's Name	College Name
1	Harshal	Sh. Mohan Lal	Govt. College, Solan
2	Chander Shekhar	Sh. Dev Charan	Govt. College, Khad
3	Shameer Khan	Sh. Nader Deen	Govt. College, Khad
4	Dheersj Datta	Sh. Ashwani Datta	Govt. College, Una
5	Harsh Kumar	Sh. Rakesh Kumar	Govt. College, Una
6	Ajay Kumar	Sh. Ram Lakan	Govt. College, Una
7	Avneet	Sh. Sukhbir Singh	Govt. College, Paonta Sahib
8	Sayam Mahajan	Sh. Pankaj Mahajan	DAV College, Kangra
9	Sahil Sharma	Sh. Mohinder Singh	DAV College, Kangra
10	Eklavya Sindhi	Sh. Raj Kumar	DAV College, Kangra
11	Rohit	Sh. Rakesh	Govt. College, Seema, Rohru
12	Ajay Kumar	Sh. Sukhdev	Govt. College, Khad
13	Akshif	Sh. Nand Ram	Govt. College, Solan
14	Rajat	Sh. Radha Krishan	Govt. College, Solan
15	Sahil Shekhar	Sh. Arun Shekher	Govt. College, Chamba
16	Ayash	Sh. Prem Bahadur	Vallabh Govt. College, Mandi
17	Manas	Sh. Pardip Singh	Govt. College, Nadaun
18	Karan	Sh. Raj Kumar	Govt. College, Dharamshala
19	Shashank Thakur	Sh. Kuldeep Singh	Govt. College, Kullu
20	Abhay	Sh. Suresh Kumar	Govt. College, Hamirpur

Yours faithfully,

  
Superintendent,  
Dir. of Phy. Edu. & (YP)  
Superintendent  
Director,   
H.P. University, Shimla-05

# In the News



## स्कूल शिक्षा बोर्ड ने इंप्रूवमेंट परीक्षा का परिणाम निकाला

10वीं, 12वीं में 2500 अभ्यर्थियों ने दी थी परीक्षा

अमर उजाला ब्यूरो

धर्मशाला। हिमाचल प्रदेश स्कूल शिक्षा बोर्ड की ओर से एसओएस के तहत सितंबर में आयोजित की गई इंट्रिक और जमा दो कक्षा की विशेष अंक सूचारे परीक्षा का परिणाम घोषित कर दिया है। परीक्षा में 10वीं-12वीं कक्षा के

2234 अभ्यर्थी बैठे थे।

इनमें से 1844 का

परिणाम पौआरसी रहा है।

प्रिया बोर्ड के सचिव

डॉ. मेजर विशाल शर्मा ने

बताया कि सितंबर में आयोजित

परीक्षा के दौरान 10वीं में 1564

अभ्यर्थी बैठे थे। इनमें से 1293 का

परिणाम पौआरसी, 48 का

पीआरएस, 124 का आरएलडी,

67 का आरएलई और 32

अभ्यर्थियों का परिणाम आरएलएफ

रहा है। इसके अलावा जमा दो में

670 अभ्यर्थियों ने विशेष अंक

सूचारे परीक्षा दी थी। इसमें 551 का

1,844 परीक्षार्थियों ने परीक्षा के माध्यम से पिछले अंकों में किया सुधार

पीआरसी, 34 का पीआरएस, 12 का आरएलडी, 45 का आरएलएफ और 28 अभ्यर्थियों का परिणाम आरएलएफ है। उन्होंने कहा कि परीक्षा परिणाम से असंतुष्ट अभ्यर्थी पुनर्निरीक्षण के लिए अपने अध्ययन केंद्र के माध्यम से अंगलाइन प्रक्रिया द्वारा 26 दिसंबर तक 400 रुपये प्रति विषय पुनर्निरीक्षण शुल्क की दर से आवेदन कर सकते हैं।

उन्होंने बताया कि निर्धारित तिथि

के बाद और अंगलाइन अपेक्षाकृत आवेदनों पर शिक्षा की ओर से

विचार नहीं किया जाएगा। उन्होंने

बताया कि परीक्षा परिणाम को बोर्ड

की वेबसाइट पर अपलोड कर दिया

है, जहां से अभ्यर्थी अपने परिणाम

को हासिल कर सकते हैं।

एचपीयू की फुटबाल टीम ने पड़डल में बहाया पसौना

मंडी। 14 से 21 दिसंबर तक जेएस यूनिवर्सिटी फैसलाडा में आयोजित होने वाली इंटर यूनिवर्सिटी प्रतियोगिता में भाग लेने से पहले हिमाचल प्रदेश विश्वविद्यालय शिमला की फुटबाल टीम का प्रशिक्षण कैप मंडी के पड़डल मेदान में लाया गया।

टीम अपना पहला नाकआउट मैच 15 दिसंबर को एसएस जीना यूनिवर्सिटी अमोड़ा के साथ खेलेगी। टीम के कदान धीरज दत्ता होंगे। इसके अलावा हमेल, चंद्रशेखर, समीर खान, हर्ष कुमार, अजय, अवनीत, रघुम महजन, साहिल शर्मा, एकलव्य सिंधी, रोहित, अशित, रजत, साहिल शेखर, आयुष, मानस, करण, शशांक ठाकुर, अभ्य, आदित्य सिंधी शामिल हैं।

टीम कोच डॉ. गोरख भारद्वाज ने बताया कि टीम पूरी तरह संरचित है। टीम प्रतियोगिता में अच्छा प्रदर्शन करेगी। प्रो. संजय शर्मा, प्राचार्य प्रोफेसर सुरीना शर्मा, डा. सुशील सेन ने शुभकामनाएं घोषित की हैं। संवाद

## एचपीयू ने लगाई जीत की हैट्रिक

कुल्लू। जीएनए विवि फगवाड़ा में अंतर विवि फुटबाल प्रतियोगिता में प्रदेश विश्वविद्यालय की टीम ने जीत की हैट्रिक लगाई है। यह पहला मौका है कि प्रदेश की टीम क्वालिफाइंग मुकाबला खेलेगी।

प्रदेश की टीम ने तीसरे मुकाबले में कश्मीर विवि को 2-0 से हराया। टीम के लिए दोनों गोल साहिल शेखर ने किए। अब क्वालिफाइंग मैच 18 दिसंबर को पिछली बार की विजेता पंजाब यूनिवर्सिटी से होगा। टीम के कोच और प्रबंधक डॉ. गौरव भारद्वाज और हरीश शर्मा ने टीम के प्रदर्शन पर संतोष व्यक्त किया। संवाद



**ESTD. 1948**

***A Report***

**COACHING CAMP FOR HIMACHAL PRADESH  
UNIVERSITY SHIMLA WUSHU (MEN & WOMEN) TEAM  
FOR  
ALL INDIA INTER UNIVERSITY WUSHU (M & W)  
CHAMPIONSHIP 2024-25**

**ORGANISED BY:**

**VALLABH GOVT. COLLEGE MANDI (H.P.)**

**Coaching Camp for HPU Wushu (Men & Women) Team at Vallabh Government College, Mandi 16th February 2025 – 20th February 2025**

**A REPORT**

Vallabh Government College, Mandi (H.P.), successfully organized a **five-day coaching camp** for the **Himachal Pradesh University (HPU), Shimla Wushu (Men & Women) Team** from **16th February to 20th February 2025**. The camp was held in preparation for the upcoming **All India Inter-University Wushu Championship (2024–25)**, scheduled to take place at **Chandigarh University** from **22nd to 27th February 2025**.

This special coaching camp was attended by **19 selected Wushu players—11 male and 8 female athletes**—from various colleges affiliated to **Himachal Pradesh University**. The initiative was undertaken to offer these athletes an intensive training experience before competing at the national level. The camp focused on sharpening their skills, improving their physical and tactical readiness, and building team coordination for the upcoming championship.

Vallabh Government College, Mandi, took complete responsibility for **providing accommodation, and training facilities** to the participating players. The college ensured a disciplined and supportive environment, allowing the athletes to focus entirely on their preparation. The training sessions were conducted in a professional manner and included technical drills, fitness conditioning, and strategic game simulations based on the latest **international wushu techniques and tactics**.

The team was **coached by Mr. Nirmal Singh**, an experienced and certified **Wushu Coach**, who guided the players throughout the camp with dedication and expertise. His deep understanding of the sport, combined with a practical approach to training, significantly contributed to the technical refinement of the athletes. **Dr. Sunil Sen, Assistant Professor of Physical Education**, served as the **Team Manager**, overseeing the daily operations and ensuring smooth coordination throughout the duration of the camp.

Before departing for Chandigarh University to participate in the All India Inter-University Championship, the players gathered at the college to seek blessings and encouragement from **Prof. Surina Sharma, Principal of Vallabh Government College, Mandi**. In her address, she expressed

immense pride in hosting the HPU team and motivated the athletes to give their best at the national platform. She emphasized the importance of discipline, confidence, and sportsmanship and wished the team great success.

Members of the **College Sports Advisory Committee** also interacted with the athletes. They shared words of encouragement, appreciated the team's dedication, and offered their best wishes for the forthcoming tournament. This thoughtful interaction further boosted the morale of the players.

The camp concluded on a positive and hopeful note, with all 19 players departing fully prepared and motivated to represent Himachal Pradesh University at the national level. The initiative reflects the **ongoing commitment of Vallabh Government College, Mandi to sports development and excellence**, both within the institution and across the university.



Principal  
Vallabh Govt. College  
Distt. Mandi H.P.)



Dr. Sunil Seh for if  
2 Mopl  
Peria

466

No.31/99-2000/HPU (Sports)-  
Himachal Pradesh University, Shimla-05.  
(NAAC Accredited 'A' Grade University  
Directorate of Physical Education & (YP)

Dated: 13.02.2025

To.

The Principal,

1. V.G.C. Mandi
2. Govt. College, Sanjauli
3. Govt. College, Kullu
4. MLSM College, Sundernagar
5. Govt. College, Solan
6. Namdhari College of Edu. Sundernagar
7. Govt. College, Nurpur

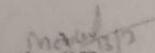
Subject: Regarding All India Inter-University Wushu (Men & Women) Championship, 2024-25.

Sir/Madam,

The following players of your college has/have been selected to attend a coaching camp for the Wushu (Men & Women) team scheduled to be held at **Vallabh Govt. College, Mandi w.e.f. 16.02.2025 to 20.02.2025**. You are therefore requested to kindly direct the following players of your college to report for coaching camp on 15.02.2025 at above mentioned venue alongwith Matric. Plus Two, BA-III certificate (in case of PG students), Aadhar card and latest two photographs. After the coaching camp, the said team will participate in **All India Inter University Wushu (Men & Women) Championship to be held at Chandigarh University w.e.f. 22.02.2025 to 27.02.2025**. Stay arrangement will be at **Vallabh Govt. College, Mandi**.

Sr. No.	Student Name	Father's Name	College Name
1	Rahul	Sh. Raju	Vallabh Govt. College, Mandi
2	Aryan Sood	Sh. Vijay Kumar	Govt. College, Sanjauli
3	Chand	Sh. Khimi Ram	Govt. College, Kullu
4.	Anil	Sh. Rohni Ram	Govt. College, Kullu
5.	Kartike Sharma	Sh. Deepak Sharma	Govt. College, Sanjauli
6.	Narender Kumar	Sh. Bhoop Singh	Govt. College, Kullu
7.	Aadi tyaa Chaudhary	Sh. Vipin Kumar	Vallabh Govt. College, Mandi
8.	Mohd. Aashim	Sh. Mohammad Irshad	MLSM College, Sundernagar
9.	Vishal	Sh. Dinesh Kumar	Vallabh Govt. College, Mandi
10.	Taranpreet Singh Gill	Sh. Gurmit Singh Gill	Vallabh Govt. College, Mandi
11.	Anil	Sh. Ramesh	Govt. College, Solan
12.	Anamika Sharma	Sh. Amar Chand	Namdhari College of Edu. Sundernagar
13.	yoti	Sh. Nikku Ram	MLSM College, Sundernagar
14.	Anchal Suryavanshi	Sh. Mahender Singh	Govt. College, Sanjauli
15.	Poonam	Sh. Narender Kumar	MLSM College, Sundernagar
16.	Sunita Devi	Sh. Bhim Bahadur	Govt. College, Nurpur
17.	Kanika Sharma	Sh. Om Chand	Vallabh Govt. College, Mandi
18.	Sakshi	Sh. Roop Lal	Vallabh Govt. College, Mandi
19.	Saniya	Sh. Durga Dutt	Vallabh Govt. College, Mandi

Yours faithfully,

  
Section Officer,  
Dte. of Phy. Edu. & (YP)

# *In the News*

ऑल इंडिया इंटर यूनिवर्सिटी  
वृश्च स्पर्धा के लिए टीम रवाना

मंडी। औल झील्या इंटर यूनिवर्सिटी बुशु चैप्पेनहासिप के लिए हिमायत की टीम रखना हो गई है। प्रतियोगिक चैलेंज यूनिवर्सिटी में रविवार से शुरू हो रही है। 27 फरवरी तक चलने वाली प्रतियोगिका में एचपीयू के 19 छात्राओं भाग लेंगे। इनके लिए राजकीय बल्लंग भवानियालय में 15 से 21 फरवरी तक कैप आयोजित किया गया।

पुरुष वर्ग में 48 किलोग्राम भार वर्ग में ग्राहुल ठाकुर, 52 में आवेदन सूट, 56 में चौदा, 60 में अविनिल, 65 में काहिंतक शमा, 70 में आदित्य चौधरी, 75 में नंदेश कुमार, 80 में मोहम्मद असिम, 85 में विशाल, 90 में अधिक भार वर्ग में तन्द्राप्रति शिव, अविनिल भार लेंगे। महिला वर्ग में 45 किलो भार वर्ग में अनविनिल शमा, 48 में जयंति, 52 में आचल मुर्खवर्णी, 56 में पूर्णम, 60 में सुवीरा, 65 में कानिका शमा, 70 में सार्वी, 75 में सानिया प्रतिशेषित में भाग लेंगी। सातांद



अखिल भारतीय अंतर विश्वविद्यालय तुशु चैपियनशिप में हिमाचल के खिलाड़ियों ने जीत से किया आगाज

